

Reynolds really is more than just a greengrocer





More than Just a Greengrocer

In 1945, William Reynolds was setting up his fruit and vegetable stall for the first time in London's East End. Little did he know then that the Reynolds business would become one of today's leading suppliers of fresh produce to the catering industry.

William Reynolds began selling fruit and vegetables from a market stall in Ridley Road; the genesis of a business that is still family-run, but today is among the leading national produce distributors in the UK and an acknowledged specialist in the handling and distribution of chilled, short-life food products.

The cornerstone of this success is the established relationships with both customers and suppliers and Reynolds has maintained a reputation for reliability, flexibility, attention to detail and exceptional customer service; old-fashioned values that are appreciated by a client list that includes some of the most high profile names in the foodservice sector.

However, while the values may be old-fashioned, this is a truly modern business with state of the art facilities, systems and procedures designed to support you, our customers, with the finest product and the highest levels of service available.

Reynolds' National Distribution Centre in Hertfordshire is a 210,000 sq.ft. temperature-controlled facility that, as well as offering superlative storage and distribution functions, provides the necessary efficiencies to enable us to execute the raft of environmental initiatives we have undertaken to minimise our carbon footprint.

A fleet of over 250 temperature-controlled vehicles operate via nine regional distribution centres (Manchester, Leeds, Birmingham, Bristol, Bury St Edmunds, Gillingham, Eastleigh, Newbury and Grangemouth) and provide a consistent and reliable national service, on a day one for day two

basis. Meanwhile our automated conveyor picking lines provide greater picking accuracy, improved product handling and, ultimately, better value for our customers.

All of our systems and procedures conform to the highest BRC accreditation, giving you the confidence that we are operating to the highest standards.

Consistent quality, the very freshest produce and a highly reliable service are at the top of any customer's wish list when it comes to the supply of fruit, vegetables and chilled produce in general. This is why, over many years, Reynolds has become the foodservice operators' supplier of choice and has grown into the organisation it is today.

Ever-increasing consumer demands for fresher produce, improved service and value for money continue to place greater pressures on our customers. Kitchen storage space doesn't get any bigger, the food budget is ever-shrinking and we must all satisfy the need to develop more sustainable and environmentally-friendly practices.

Having won numerous industry awards, Reynolds is a recognised specialist in the provision of fresh fruit and vegetables. However, as more and more of our customers have wanted to place their total fresh and chilled order with us, our product range has extended accordingly. Today, we hold not only an extensive range of fresh and prepared fruit, vegetable and salad products, but also selections of cheese, dairy, pasta, meat and fish, as well as other essential ingredients no kitchen can afford to be without. What's more, customers can now have their meat and seafood delivered through Reynolds, sourced from Carnivore and Shoal, our specialist Butcher and Fishmonger.

Consolidating your fresh and chilled order with Reynolds will not only save you time and money, it will also serve to reduce your carbon footprint and support a more environmentally-friendly and sustainable delivery service.

It is often said that a business is only as good as its people and Reynolds is very much a specialist business in that regard. Our expert buying team purchases your produce directly from growers, both locally and all around the world, whilst our dedicated quality management team accept only the finest products into our warehouse. All our activities are co-ordinated by a highly-trained customer services team, as well as quality management, warehouse and transport operatives, who work closely together to ensure the highest attainable levels of service for our customers.

Our sales team will work alongside you to improve your order efficiency, and will help to identify which order capture method is best for your business. Our team will take your order when it suits you – not them. You can call us or email, or we can work with you to provide a suitable e-commerce order capture method – most of our customers now place their orders with us via a form of EDI.

Ultimately, every customer has their own needs and one of the reasons why Reynolds is the foodservice operators' supplier of choice is that we listen. We listen to you, we understand your business and we provide solutions to support your individual requirements.

You might be surprised to discover the extensive range of produce we have available to you on a daily basis – please take time to browse through this product guide and always call us if you have any questions concerning the range available.

Rest assured, whilst our range keeps growing, our commitment to service and quality remains our number one priority. Keeping our customers happy is our constant aim.





British Fruit, Vegetables and Salad from Reynolds

As the days become shorter and the colder weather takes hold, your diners will no doubt be looking for some hearty winter warmers on your menu...

Thick, flavoursome soups; rich stews and casseroles packed full of chunky vegetables; home-made game pies with hearty mashed potato and spicy crumbles loaded with winter fruits.

British consumers have long had a preference for provenance and this affinity shows no sign of diminishing. A recent report compiled by The National Farmers Union states that 86 per cent of British consumers wish to buy more traceable food produced in the UK.

This summer and autumn, our range of British produce at Reynolds was more extensive than ever and this winter and spring will be no exception. Sadly, at this time of year the British climate doesn't lend itself quite as well to growing so much fresh produce, but rest assured if home-grown crops are available in any quantity over the colder months, you can get them from Reynolds!

Here's a list of just some of the products you can expect us to

Fruit

Apples and pears

A large number of apple and pear varieties are grown in the UK throughout the year. Check out our Seasonal Calendar to find out what's available and when at www.reynolds-cs.com

Rhubarb

Early harvests of forced rhubarb will become available during January, with the outdoor crop following on a couple of months later. See page 45 for a delicious rhubarb salad recipe.

Check out
www.reynolds-cs.com
to meet some
of our growers.





Vegetables

Savoy cabbage

Available all the way through until April, our Lincolnshire grown cabbages are great stir-fried with a little bacon, as well as being your key component for bubble and squeak.

Red cabbage

Great served with game or any rich meat, red cabbage is a cracking side dish during colder months. Alternatively, why not pickle and serve as part of a wintry ploughman's?

White cabbage

Simple and understated, why not mix it up with our other UK-grown cabbages, carrots and onions to produce a genuine British winter coleslaw? Add your own twist with some home-grown squash or spring greens.

Black cabbage

Known in Italy as cavolo nero, black cabbage looks a bit like an overgrown cross between spinach and chard, but tastes more like savoy cabbage. Quite a robust leaf, it takes a fair bit of cooking, but it is wonderful when added to soups and stews. Grown in Licolnshire for most of the season.

Curly kale

Curly kale is one of the oldest brassicas. The vegetable we know today is more than 2,000 years old and several varieties were developed by the Romans. Only the leaves are used in cooking and are delicious boiled, steamed, or sautéed in butter.

Spring greens

Our spring greens are almost always sourced from the UK and are great in stir-fries, soups and stews, but be careful not to over-cook!

Purple sprouting broccoli

Predominately grown in Lincolnshire, the purple green florets of this variety of broccoli have a slightly wild look and grow on slender, leafy stems of varying lengths. Serve steamed or blanched with hollandaise sauce or use in stir-fries as an alternative to tenderstem broccoli.

Sprouts

Love them or hate them, our sprouts truly are the pick of the bunch and the classic winter accompaniment. We have flowering sprouts, as well as the traditional variety and we can supply them still on their stalks or trimmed to cut down on preparation time. Remember, sprouts aren't just for Christmas – you can get UK-sourced Brussels through until March from Reynolds! Meet our grower at www.reynolds-cs.com.

Swede

Swedes are rich in vitamin A and packed full of minerals – ours generally come from our grower partners in Perthshire. Create that perfect swede and carrot mash by just adding butter and a hint of seasoning.



Vegetables

Carrots

We have growers located across most of the UK to ensure 365 day availability whatever the weather. Ask which British sourced varieties we have in stock when you place your order.

Parsnips

One of the most versatile British vegetables, it really does lend itself to almost any winter dish – soups, roasts, stews…even a sweet country wine or a quirky ice cream! Always that little bit better eaten after the first frost has taken place. Meet one of our growers at www.reynolds-cs.com, and don't forget to try our Picollo variety.



Beetroot

Beetroot has grown in popularity enormously over the last few years and, at Reynolds, we buy British whenever we can. Why not serve it with one of our British goats' cheeses either in a great tasting salad or a delicious wrap? See our recipe page at www.reynolds-cs.com for some ideas using British grown beetroot.

Don't forget that much of our range of prepared vegetables is also UK-grown. Just ask your sales contact for details.



Cauliflower

Full of essential nutrients, our Lincolnshire cauliflowers are extremely versatile. Whether roasted, steamed, fried or cooked into a warming soup, it's the perfect winter staple!

Potatoes

Whether you're chipping, mashing, boiling, roasting or baking, we really do have a UK potato available for all occasions, and almost all are Red Tractor accredited. Check with your sales contact which is best for your needs and don't forget to ask about our heritage varieties.

Salad

Pea shoots

Pea shoots are the leaves of the traditional garden pea plant; picked when they are young and tender, they have a distinctive fresh pea flavour. A great British alternative to more traditional salad leaves, they are available all year round.

Micro cresses

Almost all of our micro cresses are British-grown and are great in sandwiches, salads and as attractive garnishes for dishes. See page 27 for details.

Salad cress

Also known as mustard cress, this pot herb combines sprouted seedlings of yellow mustard with garden cress. The small leaves grow densely together inside the punnets. Use in salads or sandwiches.



Red Tractor

The Red Tractor is an independent mark of quality that guarantees the food we're buying comes from farms and food companies that meet high standards of food safety and hygiene, animal welfare and environmental protection. As a Red Tractor licensee, Reynolds can provide you with products that meet these criteria. Our list of Red Tractor accredited products is updated on a regular basis - please visit www.reynolds-cs.com.

	Code	Description	Unit	Notice required
	TOP FR	TIL		
	2698CS	Apples Braeburn	1x20	
	2548CS	Apples Braeburn	12kg	
	2506CS	Apples Brogdale*	5x1kg	•
	2699EA	Apples Cooking	2.5kg	
	2515CS	Apples Golden Delicious	12kg	
	2779CS	Apples Golden Delicious	1x20	
8	2514CS	Apples Golden Delicious (Small)	18kg	
	2524CS	Apples Granny Smith	12kg	
	2697CS	Apples Granny Smith	1x20	
	2511CS	Apples Juicing	12kg	
	2532CS	Apples Pink Lady	12kg	
	2781CS	Apples Pink Lady	1x20	
	2783CS	Apples Red	1x20	
	2520CS	Apples Red	12kg	
	2519CS	Apples Red (Small)	18kg	
	2784CS	Apples Royal Gala	1x20	
	2544CS	Apples Royal Gala	1x84 avg.	
	2507CS	Apples UK Best in Season*	12kg	•
	2717CS	Pears Brogdale*	5x1kg	•
	2767CS	Pears	12kg	
	2852CS	Pears	1x20	
	2854EA	Pears Dessert	1x6	

Where notice is required, please speak with your sales contact for specific details.

^{*} Seasonal availability. Please ask for details.



British Bramley Apples

Product highlights with Reynolds



Grown only in Britain, the Bramley is the definitive British cooking apple and, in terms of flavour, ranks as one of the world's best culinary apples.

The first Bramley apple tree was planted in 1809 by a young girl, Mary Ann Brailsford, in her garden in Southwell, Nottinghamshire and the same tree continues to bear fruit more than 100 years later. The name 'Bramley' comes from the Brailsfords' cottage's next owner, Matthew Bramley, a local butcher who agreed to let nurseryman Henry Merryweather take cuttings and sell the fruit on the condition that the apples took his name.

The Bramley is perfect for the kitchen and has a wide range of uses: it works well in dessert dishes, sauces and compotes. It is relatively easy to grow in the UK, and produces large crops.

Full of goodness and suitable for every occasion, our fruit baskets are a guilt-free way to indulge!

Baskets of opportunity

Made to order and with a range of sizes and contents available, there's a fruit basket to suit every occasion. We select only the best seasonal fruit and carefully package it in a traditional wicker basket decorated with soft tissue paper. We then cover the basket in a see-through wrap to protect the delicate fruit.



A perfect addition to a function | **Attractive centrepiece** | Ideal for special occasions

Here are just a few reasons why customers choose our fruit baskets:

- A perfect addition to buffets, banquets, boardroom lunches and other functions
- A great, attractive centrepiece for reception areas and hotel rooms
- Ideal for special occasions and events such as birthdays, anniversaries or Christmas parties
- An additional revenue stream to sell to your customers - they make ideal presents. Why not take pre-orders from your clients for collection at the end of the week?
- A nice moral boost for employees is there a better way to make sure your staff eat their five a day?

To ensure maximum freshness, all our fruit baskets are made to order so please ensure you place your order by 2pm for delivery the next day or next available delivery day.

Please note that, due to seasonal variations in fruit, actual contents may vary, but here is a rough guide to what you can expect in each basket:

Large Fruit Basket

3984CS

2 apples (red or green)

1 medium orange

2 easy peelers/mandarins

2 kiwi fruit

2 plums

2 bananas

1 pineapple

500g white grapes 500g red/black grapes

Medium Fruit Basket

3983CS

1 apple (red or green)

1 medium orange

2 easy peelers/mandarins

1 kiwi fruit

1 plum

2 bananas

250g white grapes

250g red/black grapes

Small Fruit Basket

3982CS

1 apple (red or green)

1 medium orange

1 kiwi fruit

1 plum

1 banana

125g white grapes

125g red/black grapes

Large Exotic Fruit Basket 3987CS

2 mangos

1 paw paw

4 apples (red or green)

2 kiwi fruit

3 bananas

5 Medjool dates

5 dried apricots

1 pineapple

2 plums

5 strawberries

2 medium oranges

2 easy peelers/mandarins

1 fig

500g white grapes

500g red/black grapes

Medium Exotic Fruit Basket

3986CS

1 mango

1 paw paw

2 apples (red or green)

1 kiwi fruit

2 bananas

5 Medjool dates

5 dried apricots

2 figs

1 cocktail pineapple

2 plums

5 strawberries

500g white grapes

500g red/black grapes

Small Exotic Fruit Basket

3985CS

1 mango

1 paw paw

2 apples (red or green)

1 kiwi fruit

1 banana

5 Medjool dates

5 dried apricots

1 cocktail pineapple

250g white grapes

250g red/black grapes



Code	Description	Unit	Notice required
	RATE MARKET	E1 20 8	
CITRUS			
2661CS	Clementines Leafy*	10kg/1x75	
2804CS	Easy Peelers/Mandarins	1x75	
2885EA	Easy Peelers/Mandarins	1x20	
2627CS	Grapefruit Ruby Red	1x40	
2627EA	Grapefruit Ruby Red	single	
2623CS	Grapefruit White	1x40	
2623EA	Grapefruit White	single	
2611CS	Lemons	1x120/138	
2649CS	Lemons	5kg	
2882EA	Lemons	2kg	
2601CS	Lemons (Value)	15kg	
2644CS	Lemons Leafy (Unwaxed)*	various	•
2884EA	Limes	1kg	
2788CS	Limes	1x54/63	
2665CS	Limes (Value)	4kg	
2745CS	Oranges Blood*	6.5Kg	
2745EA	Oranges Blood*	1x10	



2731EA	Oranges (Large)	1x4	
2730CS	Oranges (Large)	15kg	
2886EA	Oranges (Medium)	1x15	
2738CS	Oranges (Medium)	15kg	
2735CS	Oranges Juicing	15kg	
2738CS	Oranges (Medium)	15kg	

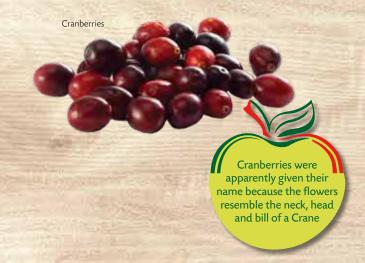
Where notice is required, please speak with your sales contact for specific details.

* Seasonal availability. Please ask for details.

Code	Description	Unit	Notice required
BERRIES	AND CURRANTS		
2580EA	Blackberries	125g	
2580CS	Blackberries	12x125g	



2571EA	Blackcurrants*	125g	•
2571CS	Blackcurrants*	8x125g	•
2963EA	Blueberries	250g	
2963CS	Blueberries	10x250g	
2602CS	Cranberries*	10x400g	



2606CS	Gooseberries*	6x400g	•
2797EA	Raspberries	125g	
2797CS	Raspberries	8x125g	
2796EA	Redcurrants	125g	
2796CS	Redcurrants	8x125g	

Redcurrants



2962CS	Strawberries	1kg	
2814CS	Strawberries – Patisserie	10x400g	
2844EA	Whitecurrants*	125g	•
2844CS	Whitecurrants*	8x125g	•

	Code	Description	Unit	Notice required
	BANAN	AS AND PLANTAINS		
	2974CS	Bananas (Medium/Large)	1x10/12	
	2960CS	Bananas (Medium/Large)	6kg	
	2569CS	Bananas (Medium/Large)	18kg	
	2972CS	Bananas (Small)	1x18/20	
	2567CS	Bananas (Small)	13kg	
	2561CS	Bananas (Backward)	18kg	•
	2973EA	Bananas Fairtrade	1x5/6	
	2566CS	Bananas Fairtrade	18kg	
	2957CS	Bananas (Value)	13kg	
8	3390EA	Plantain (Ripe)	1kg	
	3390CS	Plantain (Ripe)	18kg	
	3391EA	Plantain (Green)	1kg	

of resistant starch, a healthy carbohydrate which burns fat

½ a cup of plantain contains almost 3g

GRAPES	GRAPES			
2608EA	Grapes Seedless (Red/Black)	500g		
2607CS	Grapes Seedless (Red/Black)	4.5kg		
2613EA	Grapes Seedless White	500g		
2612CS	Grapes Seedless White	4.5kg		



MELON	MELONS				
2792EA	Melon Orange Flesh	single			
2792CS	Melon Orange Flesh	1x6			
2689EA	Melon Galia	single			
2689CS	Melon Galia	1x6			
2704EA	Melon Yellow	single			
2794CS	Melon Yellow	1x6			
2722EA	Watermelon	single			
2860CS	Watermelon	1x5			
200000	Watermelon	17.5			

Bananas

Product highlights with Reynolds



Bananas are widely-grown across the tropics and subtropics. The fruit is a great source of potassium and, as a result, is a popular high-energy snack for sports enthusiasts.

The banana plant can grow up to 26 feet, but only bears fruit once a year. The cluster of fruit contains anywhere between 50 and 150 bananas, with individual fruits grouped in bunches, known as 'hands', containing 10 to 25 bananas.

Bananas release ethylene which can cause other fruit to ripen. A good way to speed up the ripening process of un-ripened fruit is to put them in a fruit bowl with a bunch of bananas.

At Reynolds, our bananas are bubble-packed and preripened on intake. Fruit is stored in a purpose built 'banana room' which is maintained at a temperature of 14°C because, at lower temperatures, ripening permanently stalls turning the bananas grey as cell walls break down. To ensure they reach our customers in premium condition, our bananas are the last product to be picked in order to minimise chill contamination when they leave the warehouse.

As well as a variety of pack sizes to suit, our wide portfolio of bananas includes single finger fruit for counter displays and fruit stands, imperfect (value) bananas for smoothies and baking, as well as backward coloured fruit for cooking. Fairtrade bananas complete our comprehensive offer

	Rhubarb	
	* 3	

RHUBARB			
3254EA	Rhubarb	1kg	
3254CS	Rhubarb	5kg	
3256EA	Rhubarb English*	1kg	
3256CS	Rhubarb English*	5kg	

Avocado

Product highlights with Reynolds



Three thousand years ago the Aztecs named the avocado the Fruit of the Gods. One of nature's superfoods, the avocados is packed with over twenty vitamins, minerals and phytonutrients. Avocados are bursting with antioxidants in the form of vitamin E and Omega-6 oils, both of which are needed to maintain healthy skin. They are also rich in mono-unsaturated oil, essential for lowering cholesterol. Just one avocado provides approximately half the recommended daily intake of vitamin B6, which helps to keep the nervous system in good order and avocados contain 60 percent more potassium than bananas.

At Reynolds, we work closely with our suppliers and follow the sun throughout the year to make sure that all our avocados are of optimum quality. With global avocado demand rising each year and erratic weather patterns becoming more commonplace, new and emerging sources are constantly being explored to ensure we maintain fruit quality and availability. Just recently, growers in Colombia and Zimbabwe have been added to our network which includes Chile, Dominican Republic, Peru, RSA, Mexico, US, Spain and Israel.

Our avocados are chosen for their taste and texture, with the most popular by far being the dark-skinned Hass variety. We also sell the Fuerte variety of avocado, which is generally larger with a lighter green skin. As you would expect, fruit is available in a variety of sizes and case formats to suit any purpose.

We are renowned for the care we take with our avocados. The majority of fruit are delivered to us fully ripened to between two and six PSI (pressure per square inch), depending on size. However, softer fruit which is perfect for guacamole, or slightly firmer fruit ripened especially for sushi are also available.

Our warehouse temperature is constantly maintained at 7 to 9°C. By keeping the ripened avocados chilled, we prevent

Code	Description	Unit	Notice required
			- 10
AVOCA	DO		
2970CS	Avocado	1x6	
2556CS	Avocado (Large)	1x12	
2557CS	Avocado Hass (Large)	1x12	
2504CS	Avocado (Value)	10kg	
2559CS	Avocado Hass (Small)	1x18	



STONE FRUIT				
2858EA	Apricots*	400g		
2589CS	Cherries*	6x400g		
2589EA	Cherries*	400g		
2809CS	Damsons*	5kg	•	
2742EA	Nectarines*	1x4		
2715CS	Nectarines*	1x18		



2716CS	Peaches*	1x18	
2737EA	Peaches*	1x4	
2805EA	Plums	1kg	
2805CS	Plums	10x1kg	



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Code	Description	Unit	Notice required
PINEAP	PLES		
2789EA	Pineapple Extra Sweet (Large)	single	
2789CS	Pineapple Extra Sweet (Large)	1x6	
2791EA	Pineapple Extra Sweet (Medium)	single	
2791CS	Pineapple Extra Sweet (Medium)	1x9/10	
2798EA	Pineapple Cocktail	single	
2765CS	Pineapple Crownless (Value)	13/14kg	

ea	Code	Description	Unit
	33.00	Te - 1/2	
	2597EA	Figs	1x6
	2596CS	Figs	1x24
			- 3



2875EA	Granadilla	single	•
2875CS	Granadilla	1x12	•
2881EA	Guava	single	
2881CS	Guava	1x15	
2883EA	Jelly Nut (Green Coconut)	single	•
2883CS	Jelly Nut (Green Coconut)	1x8	•

Notice required

EXOTIC	EXOTIC FRUIT			
2861CS	Baby Bananas	2kg		
2867EA	Breadfruit	single	•	
2867CS	Breadfruit	1x10	•	
2928EA	Carambola (Starfruit)	1x3		





2888CS	Kaffir Lime	1x50	•
2889EA	Kiwano (Horned Melon)	single	•
2889CS	Kiwano (Horned Melon)	1x9	•
2642EA	Kiwi	1x6	
2638CS	Kiwi	1x30	

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2584EA	Coconuts	single	
2870CS	Curuba (Banana Passionfruit)	1x20	•
2592EA	Dates Medjool	250g	
2872EA	Feijoa (Pineapple Guava)	single	•
2872CS	Feijoa (Pineapple Guava)	1x20	•



Where notice is required, please speak with your sales contact for specific details.

* Seasonal availability. Please ask for details.



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Code	Description	Unit	Notice required
EXOTIC	FRUIT CONTINUED		
2599CS	Kiwi Golden*	1x40	•
2892EA	Kumquat	300g	
2893CS	Kumquat	2kg	



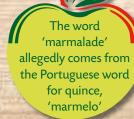


		AND DESCRIPTIONS OF THE PERSON NAMED IN	
2801CS	Lychees*	2kg	
5268EA	Mango	1x2	
2604CS	Mango	1x9	
2906EA	Mango Green (Cooking)	single	
2906CS	Mango Green (Cooking)	1x6	
2905EA	Mangosteen	1x4	•
2905CS	Mangosteen	6x4	•
2897EA	Nashi Pear	single	•
2907EA	Papaya Green/Thai	single	
2907CS	Papaya Green/Thai	1x6	
2747EA	Passion Fruit	1x4	
2746CS	Passion Fruit	2kg	



Where notice is required, please speak with your sales contact for specific details.

* Seasonal availability. Please ask for details.



Code	Description	Unit	Notice required
2749EA	Paw Paw (Papaya)	single	
2751CS	Paw Paw (Papaya)	1x8	



2914EA	Physalis	100g	
2914CS	Physalis	12x100g	
2917EA	Pitahaya Red Skin (Dragon Fruit)	single	
2917CS	Pitahaya Red Skin (Dragon Fruit)	1x10	



Pomegranate	single	
Pomegranate	1x14	
Pomelo White	single	•
Pomelo White	1x8	•
Prickly Pear	single	
Prickly Pear	1x20	
Quince	single	
Quince	1x8	
	Pomegranate Pomelo White Pomelo White Prickly Pear Prickly Pear Quince	Pomegranate 1x14 Pomelo White single Pomelo White 1x8 Prickly Pear single Prickly Pear 1x20 Quince single



2924EA	Rambutan	125g	
2924CS	Rambutan	12x125g	
2857EA	Sharon Fruit (Persimmon)*	single	•
2857CS	Sharon Fruit (Persimmon)*	1x12	•
2929CS	Sugar Cane	single	•
2931EA	Tamarillo	single	
2931CS	Tamarillo	1x20	
2932CS	Tamarind	1x12	
2937CS	Zalacca (Snake Fruit)	1x12	•

VEGETABLES

Beetroot

Product highlights with Reynolds



Beetroot evolved from wild seabeet, a native of coastlines from India to Britain, and is also a relative of the turnip and swede. Today beetroot is common throughout much of Europe, and is used extensively in Scandinavian, Eastern European and Russian cuisine.

Beetroot is a rich source of potent antioxidants and nutrients, including magnesium, sodium, potassium, folic acid and vitamin C, as well as betaine, a substance that relaxes the mind and is used in other forms to treat depression.

Since the 16th century, beetroot juice has been used as a natural red dye and the pigment is often used to colour strawberry jam as well as to enhance the appearance of tomato paste, sauces, ice creams and other foods.

Tender baby roots can be grated raw in salads, whilst mature beetroot can be boiled or wrapped in foil and baked. It also makes a great earthy soup or can be a dramatic addition to cakes and puddings. In Australia and New Zealand, a true burger must contain a slice or two of beetroot!

The green leafy portion of the beet is also edible, most commonly served boiled or steamed, with a taste and texture similar to spinach.

Beetroot comes in all shapes and sizes and, as well as the traditional dark red variety, lesser known varieties include yellow, white, and even candy-striped (with red and white concentric circles).

Code	Description	Unit	Notice required
ROOT			
3028EA	Beetroot	1kg	
3026CS	Beetroot	10kg	
3414EA	Beetroot (Vac-pak)	500g	
3414CS	Beetroot (Vac-pak)	12x500g	
3013CS	Beetroot Candy Striped	5kg	
3011CS	Beetroot Golden	5kg	
3059EA	Carrots Chantenay	1kg	
3061CS	Carrots Chantenay	5kg	
3873CS	Carrots (Large)	2.5kg	
3062CS	Carrots (Large)	10kg	
3078CS	Carrots (Medium)	2.5kg	
3066CS	Carrots (Medium)	12.5kg	
3002EA	Carrots Finger	500g	
3005CS	Carrots Rainbow	5kg	
3068EA	Carrots Bunched*	single bunch	•
3068CS	Carrots Bunched*	12 bunches	•
3020EA	Celeriac	single	
3082CS	Celeriac	1x6	

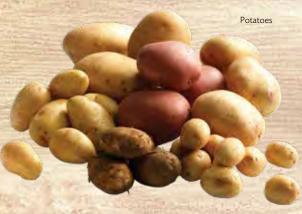


3106EA	Fennel	single	
3106CS	Fennel	5kg	
3124EA	Ginger	1kg	
3124CS	Ginger	12kg	
3128EA	Horseradish Fresh	1 stick	
3107EA	Kohl Rabi	single	
3107CS	Kohl Rabi	20x400g	
3104EA	Mooli	400g	
3104CS	Mooli	20x400g	
3342CS	Mooli Oriental	15 sticks	
3379CS	Parsnips	2.5kg	
3191CS	Parsnips	10kg	
3189CS	Picollo Parsnips*	4kg	
3259EA	Salsify	1kg	

ı	Code	Description	Unit	Notice required
	ROOT	CONTNUED		
ſ	3259CS	Salsify	5kg	
	3277EA	Swede	single	
	3277CS	Swede	12.5kg (avg. 20)	

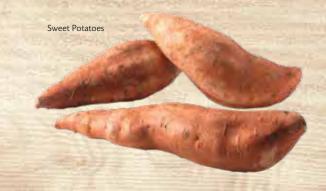


3288EA	Turnips	1kg	
3289EA	Turnips British*	1kg	•
3289CS	Turnips British*	12kg	•



	THE PARTY OF THE P		Charles and the Control of the Contr
POTATO	DES		
3238CS	Potatoes Baby Mids (20/28mm)	10kg	
3214EA	Potatoes Baking (4 Pack)	single	
3220CS	Potatoes Baking (40's)	40/15kg	
3221CS	Potatoes Baking (50's)	50/15kg	
3222CS	Potatoes Baking (60's)	60/15kg	
3219CS	Potatoes Baking (80's)	80/15kg	
3244EA	Potatoes Black Truffle	1kg	
3244CS	Potatoes Black Truffle	5kg	
3229CS	Potatoes Salad Mids (28/35mm)	10kg	
3231CS	Potatoes Jersey Mids*	10kg	
3211CS	Potatoes Jumbo Washed	25kg	
3871CS	Potatoes Chipping & Roasting	20kg	
3273CS	Potatoes Maris Piper	25kg	
3225CS	Potatoes Mashing	25kg	
3188EA	Potatoes Mids	2.5kg	
3224CS	Potatoes Mids	5kg	
3226CS	Potatoes Mids	10kg	
3247CS	Potatoes Pink Fir Apple	5kg	
3241CS	Potatoes Ratte	15x1kg	
3241EA	Potatoes Ratte	1kg	

Code	Description	Unit	Notice required
3187EA	Potatoes Red	2kg	
3209CS	Potatoes Red	25kg	
3294CS	Potatoes Rooster	25kg	
3246CS	Potatoes Rossvale Red Mids	10kg	
3186EA	Potatoes Ware	2kg	
3210CS	Potatoes Ware	25kg	
3287CS	Sweet Potatoes Baby	6kg	
3392CS	Sweet Potatoes Orange Flesh	3kg	
3242CS	Sweet Potatoes Orange Flesh	6kg	
3243EA	Sweet Potatoes White Flesh	1kg	
3243CS	Sweet Potatoes White Flesh	10kg	



BRASSI	CAS (BROCCOLI, CABBAGE &	CAULIFLOWER)
3373EA	Bok Choi (Pre-pack)	500g
3374CS	Bok Choi	2kg
3088EA	Broccoli	500g
3034CS	Broccoli	6kg
3030EA	Broccoli Purple Sprouting	1kg
3030CS	Broccoli Purple Sprouting	4.5kg
3412EA	Broccoli Tenderstem	500g
3412CS	Broccoli Tenderstem	4x500g
3795CS	Broccoli Tenderstem UK	4x500g
LIVE A	300019 A. 243046	A STATE OF THE PARTY OF THE PAR



3042EA	Brussels Sprouts*	1kg	
3039CS	Brussels Sprouts*	9kg	
3040CS	Brussels Sprouts Button*	5kg	
3838CS	Brussels Sprouts Trimmed*	5kg	

Where notice is required, please speak with your sales contact for specific details.

^{*} Seasonal availability. Please ask for details.



Code	Description	Unit	Notice required
BRASSIC	CAS CONTNUED		
3343EA	Cabbage Black (Cavolo Nero)	500g	
3343CS	Cabbage Black (Cavolo Nero)	10x500g	



3072EA	Cabbage Red	single	
3072CS	Cabbage Red	12.5kg (avg. 12)	
3048EA	Cabbage Savoy	single	
3080CS	Cabbage Savoy	5kg	
3073EA	Cabbage Sweetheart	single	
3073CS	Cabbage Sweetheart	1x14	
3071EA	Cabbage White	single	
3077CS	Cabbage White	12.5kg	
3076EA	Cauliflower	single	
5267CS	Cauliflower	9kg	
4785CS	Cauliflower Orange*	1x6	•
4786CS	Cauliflower Purple*	1x6	•
3102EA	Curly Kale	250g	
3102CS	Curly Kale	10x250g	
3112CS	Kale Whole Leaf	5x1kg	
3112EA	Kale Whole Leaf	1kg	
3388EA	Pak Choi (Pre-pack)	500g	
3389CS	Pak Choi	2kg	
3850CS	Stem Cauliflower	8x160g	



3257EA	Romanesco*	single	•
3257CS	Romanesco*	1x9	•
3257EA	Romanesco*	single	•
3257CS	Romanesco*	1x9	•
3055EA	Spring Greens	500g	
3055CS	Spring Greens	10x500g	

Code	Description	Unit	Notice required
LEGUM	ES (BEANS & PEAS)		
3024EA	Beans Extra Fine (Top & Tailed)	200g	
3024CS	Beans Extra Fine (Top & Tailed)	9x200g	
3021EA	Beans Fine	500g	
3025CS	Beans Fine	2kg	
3022EA	Beans Fine (Top & Tailed)	500g	
3022CS	Beans Fine (Top ← Tailed)	4x500g	
3161CS	Beans French Extra Fine	1.5kg	
3023CS	Beans Flat	4kg	•
3010EA	Beans Runner	250g	
3010CS	Beans Runner	8x250g	
3012EA	Broad Beans*	1kg	•
3012CS	Broad Beans*	5kg	•
3139EA	Mangetout	500g	
3138CS	Mangetout	2kg	



3204EA	Peas Fresh*	1kg	•
3204CS	Peas Fresh*	4.5kg	•
3271EA	Sugar Snap	500g	
3270CS	Sugar Snap	2kg	

ALLIUMS (GARLIC, LEEKS, ONIONS & SHALLOTS)				
3114EA	Garlic	500g		
3114CS	Garlic	20x500g		
5096CS	Garlic Pink String	single		
3108EA	Garlic String	single		
3118CS	Garlic Smoked String	single		
3090CS	Jumbo Garlic	4kg		



3262CS

3263EA

Shallots Banana

Shallots Round

3264CS Shallots Round

Code	Description	Unit	Notice required
ALLIUM	S (GARLIC, LEEKS, ONIONS &	SHALLOTS) CON	TINUED
3141CS	Leeks	2.5kg	
3136CS	Leeks	5kg	
	3141CS	ALLIUMS (GARLIC, LEEKS, ONIONS & 3141CS Leeks	ALLIUMS (GARLIC, LEEKS, ONIONS & SHALLOTS) CON 3141CS Leeks 2.5kg



Leeks

3142CS	Onions	2.5kg
3192CS	Onions	5kg
3184CS	Onions	20kg
3196EA	Onions Blanco (White)	1kg
3196CS	Onions Blanco (White)	10kg
3194EA	Onions Button	1kg
3194CS	Onions Button	5kg
3182EA	Onions Colossal	2kg
3182CS	Onions Colossal	20kg
3143CS	Onions Red	2.5kg
3199CS	Onions Red	5kg
3193CS	Onions Red	10kg
3183EA	Onions Roscof String	1kg



	The second secon		
CUCURBIT FAMILY (COURGETTES & SQUASHES)			
3094EA	Courgettes	1kg	
0930CS	Courgettes	5kg	
3096EA	Courgettes Yellow	1kg	
3096CS	Courgettes Yellow	5kg	
0705CS	Courgettes (Value)	5kg	

5kg

500g

5kg

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Description

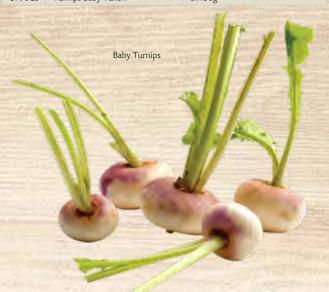
	THE RESERVE THE PERSON		
3147EA	Marrows*	single	•
3147CS	Marrows*	1x10	•
3290CS	Munchkins*	18	
3375CS	Ornamental Gourds*	10kg	
3252CS	Pumpkin (Small)*	single	
3251CS	Pumpkin (Medium)*	single	
3253CS	Pumpkin (Large)	single	
3284EA	Squash Butternut	single	
3284CS	Squash Butternut	1x10	
3296CS	Squash Crown Prince	single	
3280CS	Squash Spaghetti*	1x8	
3282CS	Squash Turban*	1x8	



BABY V	EGETABLES		
3803EA	Artichoke Baby	single	•
3803CS	Artichoke Baby	1x54	•
3815EA	Babycorn	80g	
3815CS	Babycorn	12x80g	
3806EA	Babycorn	2kg	
3806CS	Babycorn	2x2kg	
3808EA	Beetroot Baby Bunched	single	
3808CS	Beetroot Baby Bunched	1x12	
3800EA	Beetroot Baby Bunched Golden*	single	•
3800CS	Beetroot Baby Bunched Golden*	1x12	•
3807CS	Beetroot Baby Bunched Mixed Box (chioggia, white, golden)*	1x12	•
3845EA	Beetroot Baby Legumes	400g	



3845CS	Beetroot Baby Legumes	400g	
4860CS	Carrots Baby Bunched Mixed Box (purple, orange, white, Parisienne)*	1x12	•
3846EA	Carrots Baby Legumes	400g	
3846CS	Carrots Baby Legumes	4x400g	
3794EA	Carrots Baby Yukon	200g	
3794CS	Carrots Baby Yukon	6x200g	
3812CS	Cauliflower Baby	1x18	•
3817EA	Courgette Baby	200g	
3817CS	Courgette Baby	6x200g	
3819EA	Courgette Flowers	single	
3819CS	Courgette Flowers	1x15	
3847EA	Fennel Baby Legumes	400g	
3847CS	Fennel Baby Legumes	4x400g	
3796EA	Fennel Baby Yukon	200g	
3796CS	Fennel Baby Yukon	6x200g	
3848EA	Leeks Baby Legumes	400g	
3848CS	Leeks Baby Legumes	4x400g	
3797EA	Leeks Baby Yukon	200g	
3797CS	Leeks Baby Yukon	6x200g	
3827EA	Onions Baby Cipollini	200g	
3836EA	Patty Pans Baby Green	200g	
3836CS	Patty Pans Baby Green	6x200g	
3837EA	Patty Pans Baby Yellow	200g	
3837CS	Patty Pans Baby Yellow	6x200g	
3849EA	Turnips Baby Legumes	400g	
3849CS	Turnips Baby Legumes	4x400g	
3798EA	Turnips Baby Yukon	150g	
3798CS	Turnips Baby Yukon	6x150g	



Where notice is required, please speak with your sales contact for specific details.

Asparagus

Product highlights with Reynolds



Asparagus is one of the oldest known vegetables and has been cultivated as far back as Egyptian, Greek and Roman times. The biggest producers are Peru, China and Mexico, followed closely by the United States.

These days, due to the divergence of its many climates, Peru can produce asparagus virtually all year round. In comparison the English season is very short, customarily lasting from the end of March through to Midsummer Day (24th June). However, a few UK producers are now managing to extend this long established season.

Around 300 varieties of asparagus are known worldwide, of which only around 20 or so are edible. There are two main types grown commercially, namely green and white but also purple and an unrelated species called wild asparagus or Bath asparagus.

Asparagus is low in calories and very low in sodium. It is a good source of vitamin B6 and calcium and a particularly good source of vitamin A, vitamin C, folic acid and potassium.

ı	Code	Description	Unit	Notice required
	SPECIA	LITY VEGETABLES		
	2966EA	Artichoke Globe	single	
	2966CS	Artichoke Globe	1x16	
	2961EA	Artichokes Jerusalem	1kg	
	2961CS	Artichokes Jerusalem	5kg	
	2987EA	Asparagus English Purple*	200g	•
	2987CS	Asparagus English Purple*	10x200g	•
	2991CS	Asparagus English*	6x454g	
	2909CS	Asparagus English Loose*	5kg	



^{*} Seasonal availability. Please ask for details.

Code	Description	Unit	Notice required
SPECIAL	ITY VEGETABLES CONTINUED		
2993EA	Asparagus Thai	100g	
2993CS	Asparagus Thai	18x100g	
2997CS	Asparagus White	5kg	
2911EA	Asparagus Extra Large Bunched	450g	
2911CS	Asparagus Extra Large Bunched	11x450g	



3085EA	Aubergine	1x2	
3001CS	Aubergine	5kg	
3386CS	Aubergine Thai Pea	2kg	•
3341EA	Banana Leaves	single	
3341CS	Banana Leaves	1x3	
3344EA	Cassava	1kg	
3344CS	Cassava	18kg	
3450EA	Chow Chow (Chayote)	single	
3450CS	Chow Chow (Chayote)	25 avg.	

Chow Chow (Chayote)



3091EA	Corn Cob (Vac-pack)	1x2 ears	
3091CS	Corn Cob (Vac-pack)	12x2 ears	
3087CS	Corn Cob (fresh)	1x25	
3087EA	Corn Cob (fresh)	single	
3370EA	Galangal	1kg	
3115CS	Galangal	1.81kg	



3181CS	Okra	2kg	
3309CS	Pandanus Leaf	225g	•
3339CS	Rainbow Chard*	3kg	•



3268EA	Spinach Choi Sum	1kg	
3268CS	Spinach Choi Sum	2kg	
3396EA	Swiss Chard*	1kg	•
3396CS	Swiss Chard*	6kg	•
3403CS	Tomatillo	4.5kg	
3408EA	Ung Choy (Water Spinach)	225g	
3406EA	Yam Beans	1kg	•



Where notice is required, please speak with your sales contact for specific details. \star Seasonal availability. Please ask for details.



Eryngii Mushrooms make an excellent plant-based alternative to scallops when sliced thickly and seared in hot oil. They have a meaty texture and absorb flavours very well, so try soaking them in hot miso for a while before cooking



Eryngii Mushrooms

	Code		Unit	Ned
	Code	Description	Unit	Notice required
	MUSHR	OOMS		
	3154FA	Mushrooms Button	500g	
	3158CS	Mushrooms Button	3kg	
	313003	Washi oonis batton	JKg	
		200		
	-		В	utton Mushrooms
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		No. of the last of		Jan San San
		SIS IN HER THE CO		
	3176CS	Mushrooms Catering	3kg	
	3169EA	Mushrooms Chestnut	500g	
5	3173CS	Mushrooms Chestnut	3kg	
	3162CS	Mushrooms Closed Cup	3kg	
	4866EA	Mushrooms Eryngii	1kg	
	3166CS	Mushrooms Flat (75-100mm)	1.8kg	
	3175CS	Mushrooms Flat (60mm)	1.8kg	
	3174CS	Mushrooms Flat Extra Large	1.8kg	
	3864EA	Mushrooms Oyster White	500g	
	3861CS	Mushrooms Oyster White	1.5kg	
	3171CS	Mushrooms Portobello	2kg	
	3109CS	Mushrooms Portobello	2kg	
	3868EA	Mushrooms Shitake	500g	
	3867CS	Mushrooms Shitake	1.5kg	

Code	Description	Unit	Notice required
SALE OF		Sign Big	
EXOTIC	MUSHROOMS		
3851CS	Cepes Fresh*	1kg	
3855EA	Cepes Dried	500g	
3852EA	Chanterelles Fresh*	1kg	
3875EA	Enoki	100g	
3876CS	Girolles*	1kg	
3854EA	Morels Dried	500g	
3858CS	Morels Fresh*	1kg	
3872EA	Mousseron Grey*	1kg	
3865EA	Pied de Bleu	1kg	
3866EA	Pied de Mouton*	1kg	
3853CS	Pink Paris	2.5kg	
3874EA	Shimenji	150g	
3869EA	Trompette de la Morte Fresh*	1kg	
3870EA	Trompette Dried	500g	
3897CS	Truffles Fresh Black	100g	
3859EA	Wild Mushroom Mix Fresh	125g	
3859CS	Wild Mushroom Mix Fresh	4x125g	
5711CS	Wild Mushroom Mix Fresh	1kg	
3885EA	Wild Mushroom Mix Dried	500g	



Wild Mushroom Mix



	Code	Description	Unit	Notice required	
	LEAF				
	3829EA	Baby Kale	500g		
	3829CS	Baby Kale	2x500g		
	3700CS	Baby Leaves Mixed	2x500g		
	3802EA	Chard Baby Red	500g		
	3802CS	Chard Baby Red	2x500g		
	3433CS	Chicory Red	3kg		
	3432EA	Chicory Red Pre-Pack	1x5		
	3430EA	Chicory White	500g		
ý	3429CS	Chicory White	5kg		
V.	3495EA	Corn Salad	250g		
	3495CS	Corn Salad	4x250g		
	3713EA	Dandelion	single	•	
	3516EA	Lettuce Chinese Leaf	single		
	3516CS	Lettuce Chinese Leaf	1x8		
	3539EA	Lettuce Cos	single		
	3506CS	Lettuce Cos	3kg	•	
7	3497EA	Lettuce Frisee Fine	single		
	3497CS	Lettuce Frisee Fine	1x10		
	3492EA	Lettuce French Frisee	single		
	3492CS	Lettuce French Frisee	1x10		
	3486EA	Lettuce Green Batavia	single		
	3486CS	Lettuce Green Batavia	1x6		
	3503EA	Lettuce Iceberg	single		
	3545CS	Lettuce Iceberg	1x6		
	3514CS	Lettuce Iceberg	5kg		
	3888EA	Lettuce Little Gem	1x4		
	3547CS	Lettuce Little Gem x2	1x16		

Little Gem Lettu	ice	
	275	
	Total Control	11/020
	19 Mg	

	Code	Description	Unit	Notice required
	3507EA	Lettuce Lollo Biondi	single	
	3507CS	Lettuce Lollo Biondi	1x12	
	3501EA	Lettuce Lollo Rosso	single	
	3501CS	Lettuce Lollo Rosso	1x12	
	3499EA	Lettuce Oakleaf	single	
	3499CS	Lettuce Oakleaf	1x12	
	3523EA	Lettuce Radicchio	single	
	3523CS	Lettuce Radicchio	1x12	
	3502EA	Lettuce Red Batavia	single	
	3502CS	Lettuce Red Batavia	1x6	
	3531EA	Lettuce Round	single	
	3531CS	Lettuce Round	1x12	
	3555EA	Lettuce Trevise*	single	•
	3555CS	Lettuce Trevise*	1x11	•
	3431EA	Mini Chicory White	300g	•
	3431CS	Mini Chicory White	4x300g	•
	3677EA	Mizuna	500g	
	3677CS	Mizuna	2x500g	
	3780CS	Mustard Leaves Red	1kg	
	3520EA	Radicchio Tardivo	single	•
	3520CS	Radicchio Tardivo	1x12	•
ě	3521EA	Radicchio Treviso	single	•
	3521CS	Radicchio Treviso	1x12	•
	3732EA	Rocket Wild (Rocolla)	500g	
	3732CS	Rocket Wild (Rocolla)	2x500g	
	3832EA	Spinach Baby Pousse	500g	
	3832CS	Spinach Baby Pousse	2x500g	
	3266CS	Spinach Large Loose Leaf	5kg	
	3269EA	Spinach (Pre-pack)	250g	
	3269CS	Spinach (Pre-pack)	10x250g	
	3671EA	Watercress French*	bunch	•
	3671CS	Watercress French*	12 bunches	•
	3671EA	Watercress French*	bunch	•
	7046EA	Watercress	100g	
	7046CS	Watercress	12x100g	
	3679CS	Wild Mesclun Salad	1kg	•

Where notice is required, please speak with your sales contact for specific details.

^{*} Seasonal availability. Please ask for details.

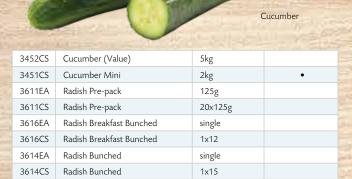


The Scoville scale is used to measure the heat in chillies, in what is known as Scoville Heat Units (SHU). Jalapeños measure from 3,500 to 8,000 SHU, while the world's current hottest chilli,the Carolina Reaper, measures 1.6 million SHU

1	Code	Description	Unit	Notice required
			0	
i	CARSIC	UMS (CHILLIES AND PEPPER		
	3589EA	Chillies Green Bird's Eye	250g	
ē	3588CS	Chillies Green Bird's Eye	2kg	
	3590EA	Chillies Green Bullet	250g	
	3591CS	Chillies Green Bullet	1.8kg	
	3527CS	Chillies Green Habanero	2kg	
	3587CS	Chillies Green Jalapeño	2kg	
	3581EA	Chillies Green Long Dutch	250g	
	3582CS	Chillies Green Long Dutch	3kg	
	3598EA	Chillies Green Thin	250g	
	3602EA	Chillies Lantern	250g	
	3605CS	Chillies Lantern	2kg	
	3599CS	Chillies Poblano	4kg	
	3603EA	Chillies Red Bird's Eye	250g	
	3585CS	Chillies Red Thin Bird's Eye	1.5kg	
	3595EA	Chillies Red Bullet	250g	
	3596CS	Chillies Red Bullet	1.8kg	
	3526CS	Chillies Red Habanero	2kg	
	3583EA	Chillies Red Long Dutch	250g	
	3584CS	Chillies Red Long Dutch	3kg	
	3528CS	Chillies Yellow Habanero	2kg	
	3670CS	Chillies Scotch Bonnet	4kg	
	4819EA	Chillies Dried String	single	
	3532CS	Peppers Mixed	5kg	
	3568EA	Peppers Orange	single	
	3568CS	Peppers Orange	5kg	
	3550EA	Peppers Green	1kg	
	3565CS	Peppers Green	5kg	
	3592CS	Peppers Green (Value)	5kg	
	3561EA	Peppers Mini Green	1kg	
	3560EA	Peppers Mini Red	1kg	
Ē	3562EA	Peppers Mini Yellow	1kg	
	3601CS	Peppers Padron	2kg	
	3551EA	Peppers Red	1kg	
	3566CS	Peppers Red	5kg	
	3593CS	Peppers Red (Value)	5kg	
	3534CS	Peppers Sweet Green	10x2	
	3564EA	Peppers Sweet Red	1x2	
	3564CS	Peppers Sweet Red	10x2	

Code	Description	Unit	Notice required
3548EA	Peppers Tri-coloured	1kg	
3552EA	Peppers Yellow	1kg	
3567CS	Peppers Yellow	5kg	
3594CS	Peppers Yellow (Value)	5kg	

GENERA	AL SALAD		
3422CS	Beanshoots	5kg	
3423EA	Beanshoots (Pre-pack)	350g	
3425CS	Beanshoots	2.5kg	
3414EA	Beetroot (Vac-pak)	500g	
3414CS	Beetroot (Vac-pak)	12x500g	
3436EA	Celery	single	
3436CS	Celery	1x16	
3441EA	Cucumber	single	
3883CS	Cucumber	1x6	
3446CS	Cucumber	1x12	





Spring Onions	
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1				
	3626EA	Spring Onions Bunch	single	
	3644CS	Spring Onions	1x2kg	



Peppers Mixed

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Code	Description	Unit	Notice required
TOMAT	OES		
3882CS	Tomatoes	2kg	
3726EA	Tomatoes Cherry Red	500g	
3639CS	Tomatoes Cherry Red	9x250g	
3638CS	Tomatoes Cherry Red	4kg	
3664EA	Tomatoes Cherry On The Vine	250g	
3662CS	Tomatoes Cherry On The Vine	3kg	



F- 12-16		OF STEEL TEXTS.	
3692CS	Tomatoes M-MM's	6kg	
3608CS	Tomatoes Intense*	6kg	
3646CS	Tomatoes Kumato	6kg	
3652CS	Tomatoes Green	5kg	
3657EA	Tomatoes Baby Plum	250g	
3657CS	Tomatoes Baby Plum	9x250g	
3666CS	Tomatoes Baby Plum	4kg	
3640CS	Tomatoes Baby Plum On Vine	3kg	
3649EA	Tomatoes Plum	1kg	
3656CS	Tomatoes Plum	6kg	
3655CS	Tomatoes Plum On Vine	5kg	
3720CS	Tomatoes Marzanino	3kg	
3857CS	Tomatoes Beef	1x12/14	
3721CS	Tomatoes Piccolo*	3kg •	
3643EA	Tomatoes Yellow Cherry	250g	
3643CS	Tomatoes Yellow Cherry	9x250g	
3663CS	Tomatoes Yellow Vine	5kg •	
3659CS	Tomatoes Vine	5kg	
3667CS	Tomatoes Inca	3kg	



FRESH I	RESH HERBS		
3906EA	Basil Asian Sweet Bunched	single	
3901EA	Basil Green	100g	
3912CS	Basil Loose	1kg	

Code	Description	Unit	Notice required
3902EA	Basil Red/Purple	100g	
3904EA	Bay Leaves	100g	
3907EA	Chervil	100g	
3909EA	Chives	100g	
0139CS	Chives	1kg	
3768EA	Chives Chinese	100g	
3900CS	Coriander	1kg	
3911EA	Coriander	100g	
3949EA	Dried Curry Leaves	30g	
3915EA	Dill	100g	
0144CS	Dill	1kg	
3766EA	Edible Flowers Mixed Packet	single	
3779EA	Viola Flowers	8g	
3779CS	Viola Flowers	8x8g	



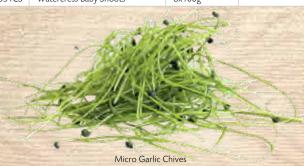
3932EA	Lemon Balm	100g
3830EA	Lemongrass Bunched	100g
3830CS	Lemongrass Bunched	18x100g
3920EA	Lime Leaves	30g
3917EA	Lovage	100g
3921EA	Marjoram	100g
3925EA	Mint	100g
3960EA	Mint Leaves	100g
0138CS	Mint	1kg
3790CS	Mint Bunched	1x12
3924EA	Mint Tips	1x15
3926EA	Oregano Fresh	100g
3927EA	Parsley Curly	100g
3928CS	Parsley Curly Bunched	10xbunch
3929EA	Parsley Flat	bunch
3929CS	Parsley Flat Bunched	12xbunch
3931EA	Parsley Flat	100g
0141CS	Parsley Flat	1kg
3935EA	Rosemary	100g
3937EA	Saffron	10g
3938EA	Sage Fresh	100g
3946EA	Sorrel Bunched	100g
3939EA	Tarragon	100g
3941EA	Thyme	100g
3943EA	Thyme Lemon	100g

Code	Description	Unit	Notice required
РОТ НЕ	RBS		
3944CS	Pot Mixed Herb	1x8	•
3708CS	Pot Mixed Herb	1x6	•
3709CS	Pot Mint	1x6	•
3711CS	Pot Rosemary	1x6	•
3712CS	Pot Chive	1x6	•
3714CS	Pot Thyme	1x6	•
3967CS	Basil Pot	1x6	•
3918CS	Pot Flat Parsley	1x6	•
3922CS	Pot Coriander	1x6	•
3942CS	Pot Dill	1x6	•
3940CS	Pot Curly Parsley	1x6	•



MICRO	CRESS AND HERBS (CUT)		
3777CS	Apple Blossom	1x4	
3752CS	Bronze Fennel	8x20g	
3052CS	Chia Cress	8x30g	
3089EA	Edible Rose Petals	20g	
9185CS	Lentil Sprout Mix	8x600g	
3458CS	Micro Broccoli Cress	8x30g	
3654CS	Micro Bulls Blood Chard	8x30g	
3755CS	Micro Celery Cress	8x25g	
3731CS	Micro Choc Mint Cress	8x100g	
3453CS	Micro Coriander Cress	8x30g	
3468CS	Micro Cress Mixed Box	8x30g	
3465CS	Micro Fennel Cress	8x30g	
3469EA	Micro Garlic Chives	30g	
3467CS	Micro Greek Cress	8x30g	
3454CS	Micro Green Basil Cress	8x30g	
3757CS	Micro Lemon Balm Cress	8x20g	
3397CS	Micro Mint Cress	8x20g	
3462CS	Micro Mizuna Cress	8x30g	
3756CS	Micro Parsley Flat	8x25g	
3455CS	Micro Peashoots	8x30g	
3759CS	Micro Purple Shiso	8x20g	
3466CS	Micro Red Amaranth Cress	8x30g	
3459CS	Micro Red Mustard Frills	8x30g	
3460EA	Micro Red/Purple Basil	30g	
3461CS	Micro Rocket Cress	8x30g	
3407CS	Micro Salad Mix	4x100g	
3440CS	Micro Thai Basil	8x30g	
3886CS	Micro Thyme	8x20g	
3770CS	Nasturtium Flowers	8x12g	
3326CS	Nasturtium Leaf Alaskan	8x20g	
3327CS	Nasturtium Leaf Blue Pepe	8x20g	
3498CS	Nettle Cress	8x20g	
3778EA	Oyster Leaves	20g	

Code	Description	Unit	Notice required
34111	4-14-1		
3483CS	Peashoots Golden	8x50g	
3353CS	Peashoots	2x500g	
3421CS	Pink Stem Radish Cress	8x30g	
3736CS	Salty Fingers	8x60g	
3558EA	Samphire	100g	
3395EA	Samphire	1kg	
3781CS	Sea Beet	4x100g	
3735CS	Sea Buckshorn	8x40g	
3729CS	Sea Fennel	8x50g	
3365CS	Sea Purslane	8x50g	
3753CS	Sea Rosemary	8x50g	
3783CS	Shiso Large Green Leaf	1x12	
3776CS	Sorrel Red Veined	8x20g	
9188CS	Super Sprouts	8x200g	
3767CS	Szechuan/Buzz Button	1x4	
3482CS	Tagete Flowers	8x8g	
3962CS	Vietnamese Coriander	4x100g	
3351CS	Watercress Baby Shoots	8x100g	



EXOTIC	CRESS (GROWING)		
3615CS	Affilla Cress	1x16	
3621CS	Basil Cress	1x16	
3617CS	Coriander Cress	1x16	
3619CS	Daikon Cress	1x16	
3620CS	Lemon Basil Cress	1x16	
4150CS	Mustard Cress	1x4	
3471CS	Parsley Cress	1x16	
3160CS	Red Cabbage Cress	1x16	
3623CS	Rock Chives	1x16	
3612CS	Rocolla Cress	1x16	
3632CS	Sakura Cress	1x16	
3557CS	Salad Cress	1x4	
3622CS	Shiso Red Exotic Cress	1x16	
3479CS	Tagette Cress	1x16	
3618CS	Tahoon Cress	1x16	
3665CS	Tenderill Pea	1x16	
3472CS	Thai Basil Cress	1x16	
3765CS	Wheat Grass	1x4	

If there is a specific micro cress or herb not listed here which you would like to order, please speak with your sales contact – Reynolds is able to provide most products given the appropriate notice

Where notice is required, please speak with your sales contact for specific details.

^{*} Seasonal availability. Please ask for details.

























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PREPARED PRODUCE

	Code	Description	Unit
	4		
	PREPAR	ED VEGETABLES	
	1299CS	Beetroot Grated	1kg
	3074CS	Beetroot Peeled	5kg
	1476CS	Beetroot Raw Grated	1kg
	1112CS	Beetroot Raw Peeled	2.5kg
	1441EA	Beetroot String	500g
	1646CS	Broccoli	1kg
	1114CS	Broccoli	2.5kg
	2378CS	Broccoli Florets (20-25g)	1kg
Ü	1485CS	Butternut Squash Diced (12mm)	2.5kg
	1101CS	Butternut Squash Diced (15mm)	1kg
	1184CS	Butternut Squash Diced (20mm)	1kg
	1536CS	Butternut Squash Diced (25mm)	2.5kg
	1528CS	Butternut Squash Whole	5kg
	1179CS	Cabbage Green Shredded	2.5kg
3	1185CS	Cabbage Red Shredded	2.5kg
	1181CS	Cabbage Savoy Shredded (3mm)	5kg
	1647CS	Cabbage Savoy Shredded (3mm)	1kg

Code	Description	Unit
1131CS	Carrots Diced (10mm)	2.5kg
1103CS	Carrots Diced (15mm)	1kg
1064CS	Carrots Diced (20mm)	5kg
1463CS	Carrots Diced (25mm)	1kg
1612CS	Carrots Donkey Peeled	2.5kg
1010EA	Carrots Grated	500g
1174EA	Carrots Grated	1kg
1138CS	Carrots Grated	2.5kg
1145CS	Carrots Julienne	1kg
1152CS	Carrots Sliced	2.5kg



1193CS	Cabbage White Shredded	2.5kg
1129CS	Cabbage White Shredded (6mm)	5kg
2374CS	Carrot Sticks (7cmx5mm)	1kg
1118CS	Carrots Baton	1kg
1117CS	Carrots Baton	2.5kg
2011CS	Carrots Cocotte (20g)	2.5kg
1024CS	Carrots Diced (5mm)	1kg
1631CS	Carrots Diced (5mm)	2.5kg

If there is a specific prepared product not listed here which you would like to order, please speak with your sales contact - Reynolds is able to provide most products given the appropriate notice.

1436CS	Carrots String	500g
2014CS	Carrots Turned (25g)	2.5kg
1173CS	Carrots Whole	2.5kg
2180CS	Cauliflower Florets	2.5kg
2376CS	Cauliflower Florets (20-25g)	1kg
1108CS	Celeriac Diced (20mm)	1kg
1439CS	Celeriac String	500g
1521CS	Celery Diced	1kg
2334EA	Celery Diced (5mm)	1kg
1212CS	Courgettes Baton	2.5kg
1219CS	Courgettes Diced	2.5kg
2181EA	Courgetti	1kg
1140EA	Jerusalem Artichoke Peeled	3kg
1270CS	Leeks Sliced (10mm)	2.5kg
1276CS	Leeks Whole	2.5kg
1470CS	Mooli Julienne	1kg
1437CS	Mooli String	500g
1488CS	Mushrooms Sliced	1kg
1308CS	Okra Sliced	1kg
1549CS	Onion Diced (12mm)	2.5kg
1062CS	Onion Diced (20mm)	5kg
1311CS	Onion Diced (5mm)	1kg

Onion Red Sliced

Code	Description	Unit
PREPAR	ED VEGETABLES CONTINUED	
1310CS	Onion Diced (5mm)	2.5kg
1307CS	Onion Red Diced	2.5kg
2001CS	Onion Red Diced (5mm)	1kg
2369CS	Onion Red Rough Cut	1kg
1312CS	Onion Red Shredded (3mm)	2.5kg
1127CS	Onion Red Shredded (3mm)	10kg
1298CS	Onion Red Sliced	2.5kg
1301CS	Onion Red Sliced (2mm)	1kg
2336EA	Onion Red Sliced Half Moon (3mm)	1kg
1318CS	Onion Red Whole	2.5kg
2333EA	Onion White Diced (5mm)	1kg
1303CS	Onion White Sliced	2.5kg
2377CS	Onion White Square Cut (20X20mm)	1kg
1317CS	Onion Whole	2.5kg
1324CS	Parsnips Baton	2.5kg
1338CS	Parsnips Diced (20mm)	2.5kg
1115CS	Parsnips Diced (20mm)	1kg
1345CS	Parsnips Quartered	2.5kg
1359CS	Parsnips Turned	2.5kg
1300CS	Parsnips Wedge	2.5kg
1123CS	Parsnips Wedge	5kg
1366CS	Parsnips Whole	2.5kg
1377CS	Pumpkin Diced (30mm)	1kg
1026CS	Red Chilli Diced (2mm)	250g
1379CS	Shallots	1kg
1374CS	Shallots Banana	1kg
1376CS	Shallots Banana Whole	5kg
1375CS	Shallots Diced (12mm)	1kg
1648CS	Spring Onions Sliced	1kg
1393CS	Swede Baton	2.5kg
1400CS	Swede Diced (10mm)	2.5kg
1404CS	Swede Diced(2.5mm)	2.5kg
1422CS	Swede Whole	2.5kg

PREPAR	ED POTATOES	
1597CS	Chips Hand-Cut (20mm)	5kg
1046CS	Chips Hand-Cut Thick	5kg
1085CS	Chips Skin Off (14mm)	5kg
2000CS	Piper Chips Skin On (7.5mm)	2.5kg
2106CS	Potatoes Chateau (50g)	5kg
2107CS	Potatoes Chateau (60g)	2.5kg
1054CS	Potatoes Chateau (60g)	5kg
1061CS	Potatoes Chateau Small (35g)	5kg
2105CS	Potatoes Chateau Small (40g)	2.5kg
2101CS	Potatoes Cocotte (20g)	2.5kg
2102CS	Potatoes Cocotte (25g)	1kg
2103CS	Potatoes Cocotte (30g)	2.5kg
1040CS	Potatoes Diced (10mm)	5kg
1037CS	Potatoes Diced (20mm)	2.5kg
1119CS	Potatoes Diced (20mm)	1kg
1060CS	Potatoes Diced (20mm)	5kg
1043CS	Potatoes Diced Large (25mm)	5kg
2090CS	Potatoes Fondant	1x10

Code	Description	Unit
2091CS	Potatoes Fondant (50x30mm)	1x20
2093CS	Potatoes Fondant (50x70mm)	1x20
2084CS	Potatoes Fondant No Bevel (60x40mm)	1x20
2089CS	Potatoes Fondant Oval	1x20
2085CS	Potatoes Fondant With Bevel (60x40mm)	1x20
2111CS	Potatoes Hand Peeled	5kg
1096CS	Potatoes Parisienne	5kg
1102CS	Potatoes Parmentier	5kg
1546CS	Potatoes Pont Neuf	2.5kg
2087CS	Potatoes Sliced (1mm)	5kg
1107CS	Potatoes Thinly Sliced	2.5kg
1332CS	Sweet Potatoes Diced (12mm)	2.5kg
1334CS	Sweet Potatoes Diced (20mm)	2.5kg
1335CS	Sweet Potatoes Whole	2.5kg



PREPAR	ED PAR-COOKED POTATOES	
1605CS	Diced Cooked Potato (12mm)+	6x2kg
2368CS	Diced Cooked Potato (20mm)+	3x4kg
1606CS	Half Potato Skin on +	6x2kg
1635CS	Mashed Potatoes +	6x2kg
1637CS	Cooked New Potatoes+	6x2kg
1642CS	Chips (14mm)	10kg
4298CS	Cooked Potato Quarters	5x2kg



COOKED/CHARGRILLED PRODUCTS		
2380CS	Cooked Beans Topped & Tailed	1kg
2381CS	Cooked Fusilli Pasta	1kg
2362CS	Cooked New Potatoes	2x1kg
2351CS	Aubergine Chargrilled	1kg
2352CS	Courgette Chargrilled	1kg
2353EA	Peppers Red Chargrilled	1kg
2356CS	Peppers Yellow Chargrilled	1kg
2354EA	Red Onion Chargrilled	1kg
2345CS	Roasted Diced Butternut Squash	1kg
2287CS	Roasted Diced Sweet Potato	1kg
		The second second

Some products may require additional notice, please speak with your sales contact for details. + Minimum order quantities apply. Please ask for details



	PREPAR	ED MIXED VEGETABLES	
	1094EA	Butternut Squash & Sweet Potato Diced (20mm)	2.5kg
	1502CS	Coleslaw Mix (Fine-Cut)	2.5kg
	1282CS	Minestrone Mix	2.5kg
	1489CS	Oriental Stir Fry Mix	4kg
	1590CS	Ratatouille Large Cut	2.5kg
	1369CS	Ratatouille Mix	1kg
Ē	1477CS	Root Veg Diced (20mm)	5kg
	1480CS	Root Veg Mix Chunky (25mm)	2.5kg
	3153CS	Root Vegetables Julienne	2.5kg
	1478CS	Root Vegetables Diced (5mm)	2.5kg
ğ	1424CS	Stew pack	2.5kg
į	1475CS	Stir Fry Mix	2.5kg
	2194CS	Turned Carrot and Swede (7g)	2x500g
	1496CS	Vegetable Kebabs	single
	1479CS	Vegetable Mix	2.5kg
	1057CS	Vegetable Mix Diced (20mm)	5kg

PREPAR	ED SALAD LEAF			
1819CS	Leaf Mix Continental	4x250g		
1821CS	Leaf Mix Exclusive	2x560g		
1935CS	Leaf Mix Prepared	4x500g		
2385CS	Lettuce Cos Washed & Prepared (35mm)	8x500g		
2385EA	Lettuce Cos Washed & Prepared (35mm)	500g		
2079CS	Iceberg Shredded	8x500g		
1813CS	Rocket Washed	2x500g		
2061CS	Salanova Mix	2x500g		
1823CS	Salanova Mix	4x500g		
1805CS	Spinach Picked & Washed	3kg		
1814CS	Spinach Washed	2x500g		
6477CS	Watercress	2x500g		

PREPARED SALAD		
2370CS	Peppers Green Julienne	1kg
2371CS	Peppers Green Square Cut (20x20mm)	1kg
2373CS	Peppers Red Julienne	500g
2372CS	Peppers Red Square Cut (20x20mm)	1kg
2375CS	Peppers Yellow Julienne	500g
2382CS	Peppers Yellow Square Cut (20x20mm)	500g



Some products may require additional notice, please speak with your sales contact for details.

Code	Description	Unit
READY	MADE FRESH SALADS	
2239CS	Beetroot & Onion Salad	2kg
5513CS	Black Rice & Quinoa Ginger Salad	1kg
2245CS	Citrus Spiced Couscous Salad	2kg
2225CS	Classic Potato Salad	2kg
2221CS	Coleslaw	2kg
2242CS	Coronation Chicken Salad	1kg
5514CS	Couscous Lentil & Pesto Salad	1kg
2215EA	Crab Salad	1kg
2254CS	Curried Rice Salad	2kg
2205CS	Free Range Egg Mayo	1kg
5511CS	Kaleslaw	1kg
2248CS	Mediterranean Pasta ♂ Pesto Salad	2kg
2249CS	Mixed Bean Salad	2kg
2226CS	New Potato & Chive Salad	2kg
2231CS	Pasta & Roasted Vegetable Salad	2kg
2135EA	Premium Coleslaw	2kg
2246CS	Roasted Vegetable & Bulghur Wheat Salad	2kg
5335CS	Roast Tomato & Orzo Pasta	2kg
2261CS	Thai Noodle Salad	2kg
5530CS	Wheatberry Beetroot & Couscous Salad	1kg
5512CS	Wheatberry Cranberry & Apple Salad	1kg



PREPARED FRESH FRUIT			
1495CS	Fruit Kebabs	Single	
1851CS	Fruit Salad Mix	2kg	
1852CS	Fruit Salad Tropical	2kg	
1855CS	Grapefruit Pink Segments	2kg	
1853CS	Grapefruit Segments	2kg	
1596CS	Lemon Slices Pimms	2kg	
1856CS	Melon Duo Balls	2kg	
1857CS	Melon Trio Balls	2kg	
1854CS	Orange Segments	2kg	
1863CS	Pineapple Cubed	2kg	
4107CS	Pomegranate Seeds	4x160g	
1870CS	Watermelon Balls	2kg	
1860CS	Watermelon Cubed	2kg	

FRESH D	FRESH DIPS			
2324CS	Guacamole	1kg		
2321EA	Houmous	1kg		
2328EA	Tzatsiki	500g		
2326EA	Red Pepper Jalapeno Houmous	500g		
2323CS	Reduced Fat Houmous	1kg		

If there is a specific prepared product not listed here which you would like to order, please speak with your sales contact - Reynolds is able to provide most products given the appropriate notice.

	Code	Description	Unit
			= 30
	LIQUID	MILK	
	6205CS	1% Fat Milk	6x2ltr
	6258CS	1% Fat Milk	2ltr
	6239CS	Organic Whole Milk	2ltr
	6238CS	Organic Semi Skimmed Milk	2ltr
	6204CS	Organic Skimmed Milk	2ltr
	6272CS	Semi Skimmed Milk Pergal	3 gallons
	6220CS	Semi Skimmed Milk	6x2ltr
	6271CS	Semi Skimmed Milk	4x2ltr
	6269CS	Semi Skimmed Milk	10x1pt
	6259CS	Semi Skimmed Milk	10x189ml
è	6229CS	Skimmed Milk Pergal	3 gallons
	6277CS	Skimmed Milk	4x2ltr
	6275CS	Skimmed Milk	10x1pt
	6265CS	Whole Milk Pergal	3 gallons
	6202CS	Whole Milk	6x2ltr
	6264CS	Whole Milk	4x2ltr
	6262CS	Whole Milk	10x1pt

Ī	MILK A	MILK ALTERNATIVES			
	6992CS	Alpro Almond Milk	8x1ltr		
	7115CS	Alpro for Professionals Coconut	12x1ltr		
	7154CS	Alpro Vanilla Soya Milk	8x1ltr		
	6388EA	Alpro Pro Soya Milk	1ltr		
	6388CS	Alpro Pro Soya Milk	12x1ltr		
	6211CS	Soya Milk	8x1ltr		
	7193CS	Oatly Foamable Milk	6x1ltr		
	6388CS 6211CS	Alpro Pro Soya Milk Soya Milk	12x1ltr 8x1ltr		

1	BUTTER	MILK	
	6288CS	Buttermilk	5kg
	6013CS	Buttermilk	1kg

UHT PR	UHT PRODUCTS		
6170CS	Cream Portions	1x120	
6329CS	UHT Whole Milk Portions	1x150	
6206CS	UHT Skimmed Milk	12x500ml	
6168EA	UHT Aerosol Cream	500g	

1	FRESH CREAM		
	7396CS	Double Cream	2ltr
	6234EA	Double Cream	568ml
	6161CS	Single Cream	2.27ltr
	6152CS	Whipping Cream	2.27ltr

Code	Description	Unit	
FRESH S	SOFT CHEESES & CREAMS		
6188EA	Clotted Cream	454g	
6165CS	Clotted Cream Tray	1kg	
6315CS	Cottage Cheese Tub	2kg	
6178CS	Crème Fraîche Tub	2kg	
6179CS	Crème Fraîche Tub	1kg	
6314CS	Full Fat Soft Cheese Tub	2kg	
6590CS	Mascarpone Tub	2kg	
6313CS	Reduced Fat Soft Cheese Tub	2kg	
6585CS	Philadelphia Tub	1.6kg	
7205EA	Philadelphia Portions	24x16.7g	
6050CS	Set Sour Cream Tub	2kg	
6174CS	Set Sour Cream Tub	5kg	



Butter

SPREADS			
6398CS	6398CS Flora Original Sunflower Spread Portions 6310CS Sunflower Spread Tub		
6310CS			
6383EA	Sunflower Spread Portions	100x10g	



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5618CS

6197EA

6197CS

7130EA

7130CS

Alpro Coconut Yoghurt

Coconut Yoghurt

Coconut Yoghurt

Soya Yoghurt

Soya Yoghurt

ANGLES CONTROL OF THE SECOND STATE OF			
Code	Description	Unit	
FRESH	BULK YOGHURTS		
6357CS	Black Cherry Yoghurt	1 gallon/4.6ltr	
6396CS	Fat Free Greek Style Natural Yoghurt	5kg	
5388CS	Forshaws Fat Free Yoghurt	5kg	
7192EA	Greek Style Yoghurt	450g	
7192CS	Greek Style Yoghurt	6x450g	
6321CS	Greek Style Set Yoghurt	5ltr	
6207CS	Stirred Full Fat Natural (4%) Yoghurt	10kg	
6322CS	Stirred Reduced Fat Natural Yoghurt	5kg	
6397EA	Tims Greek Style Yoghurt	500g	
6397CS	Tims Greek Style Yoghurt	6x500g	
6389CS	Tims Greek Style Natural Yoghurt	5kg	
6343CS	Very Low Fat Strawberry Yoghurt	1 gallon/4.6ltr	
6356CS	Very Low Fat Peach Yoghurt	1 gallon/4.6ltr	
6358CS	Very Low Fat Raspberry Yoghurt	1 gallon/4.6ltr	
7886EA	YV Organic Natural Yoghurt	1kg	
7886CS	YV Organic Natural Yoghurt	4x1kg	
18 an		JAN TELEFORM	
MULLEI	R YOGHURTS & RICE		
6276CS	Mullerlight Mixed Yoghurts	12x175g	
6319CS	Mullerlight Mixed Case A	12x125g	
6312CS	Muller Fruit Corner Mixed Case	12x150g	
6378CS	Muller Rice Mixed Case	12x180g	
DAIRY	REE YOGHURTS		

6x500g

350g

6x350g

400g

6x400g

a	Yoghurt
8	
	0

Code	Description	Unit
FRESH '	YOGHURTS INDIVIDUAL POTS	
6372CS	Greek Style Yoghurts Blackcurrant	6x175g
6373CS	Greek Style Yoghurts Honey	6x175g
6385CS	Greek Style Yoghurts Vanilla	6x175g
6386CS	Greek Style Yoghurts Raspberry	6x175g
6374CS	Thick & Creamy Fruit Yoghurts	12x125g
7052CS	Low Fat Yoghurts Mixed	12x115g
6344CS	Natural Low Fat Yoghurts	12x125g
6374CS	Thick & Creamy Fruit Yoghurts	12x125g



FRESH SHELL EGGS - LION BRAND		
6279CS	Eggs Large	15 dozen
6298CS	Eggs Medium Loose	15 dozen
6291CS	Eggs Medium Loose	5 dozen
		CONTRACTOR OF THE

FRESH FREE RANGE SHELL EGGS - LION BRAND			
	6297CS	Free Range Eggs Medium Loose	15 dozen
	6278CS Free Range Eggs Medium Loose		5 dozen
	6330EA	Free Range Eggs Medium Pre-pack (1x6)	1/2 dozen

SPECIA	ITY EGGS	
7050EA	Duck Eggs Pre-pack 1/2 dozen	1/2 dozen

PROCES	PROCESSED EGG			
6404EA	Coco Vite Pasteurised Liquid Whole Egg	1kg		
7865EA	Coco Vite Pasteurised Liquid Egg Yolk	1kg		
7864EA	Coco Vite Pasteurised Liquid Egg White	1kg		
6294CS	Free Range Boiled Eggs in Brine	4 dozen		
6237CS	Hard Boiled Eggs In Brine	1x48		
4194CS	Pasteurised Liquid Whole Egg	10kg		
6326EA	Pasteurised Liquid Whole Egg	1kg		
6324EA	Pasteurised Liquid Egg Yolk	1kg		
6328EA	Pasteurised Liquid Egg White	1kg		

Please note that an additional 24 hours notice is required when ordering fresh pasta



î	Code	Description	Unit size	Pieces per pack	Dimensions
				E VST	
	FRESH PL	AIN PASTA			
	P015CS	Egg Lasagne Sheets	2x1kg	14	26x21cm
	P013CS	Egg Pappardelle	2x1kg		
ì	P009CS	Spaghetti	2x1kg		
	P016CS	Egg Tagliatelle	2x1kg		
-	P010CS	Egg Tagliolini	2x1kg		
	P021CS	Rigatoni	2x1kg		
	P001CS	Orecchiette	2x1kg		
	P002CS	Egg Macaroni	2x1kg		
	P012CS	Linguine	2x1kg		

	The second second second second second				
FRESH FILLED RAVIOLI					
P014CS	Ravioli Pumpkin (Egg Pasta)	4x500g	70-80	4.5x4.5cm	
P004CS	Ravioli Pea & Shallot	2x1kg	70-80	4.5x4.5cm	
P008CS	Ravioli Spinach & Ricotta (Egg Pasta)	4x500g	70-80	4.5x4.5cm	
P003CS	Ravioli Beef (Egg Pasta)	4x500g	60-70	3.5x3cm	

HAND-MADE FRESH FILLED RAVIOLONI									
P007CS	Ravioloni Pumpkin & Ricotta	4x500g	16-18	10cm diameter					

Code	Description	Unit size	Pieces per pack	Dimensions
HAND-M	ADE FRESH FILLED TOR	TELLONI		
P006CS	Tortelloni Chorizo and Tomato	2x1kg	33-35	5x3cm
P017CS	Tortelloni Ricotta Spinach	2x1kg	33-35	5x3cm
P019CS	Tortelloni Beetroot	2x1kg	33-35	5x3cm
P022CS	Tortelloni Tomato, Basil & Mozzarella	2x1kg	33-35	5x3cm
P018CS	Tortelloni Wild Mushroom & Cheese	2x1kg	33-35	5x3cm
P011CS	Tortelloni Pumpkin	2x1kg	33-35	5x3cm
P020CS	Tortelloni Peas and Shallots	2x1kg	33-35	5x3cm
P005CS	Tortelloni Mushroom	2x1kg	33-35	5x3cm

F	FRESH SOFT POTATO GNOCCHI										
	7780CS	Gnocchi Potato	1kg	160-170	2.5x2cm						
	7758CS	Gnocchi Mozzarella & Tomato (Filled)	1kg	60-70	3.5x3cm						
	7710CS	Sweet Gnocchi Nutella ひ Milk Chocolate (Filled)	1kg+	60-70	3.5x3cm						
	P031CS	Beetroot & Goats Cheese Gnocchi	10x1kg	60-70	3.5x3cm						



+ Please note that there is a minimum order value of 5kg Some products may require additional notice, please speak to your sales contact for details

KEY TO SYMBOLS					
•	Firm				
•	Soft				
•	Washed Rind				
•	Blue				
•	Blended				
•	Smoked				
Р	Pasteurised				
UP	Unpasteurised				
R	Animal Derived Rennet				
٧	Suitable for Vegetarians				





Colston Bassett Baby Stilton

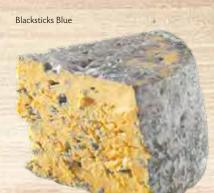
BRITISH STILTONS									
6874CS	Blue Stilton Wedge	12x220g	Fixed	Cow	P, V	••	England		
6865EA	Colston Bassett Baby Stilton	2kg	Nominal	Cow	P, V	••	England		
6749CS	Colston Bassett Blue Stilton Half	3.7kg	Nominal	Cow	P, V	••	England		

B B	RITISH FLAVOURED	2 - 110					
6500EA	Applewood Wheel	1.5kg	Fixed	Cow	P, V	••	England
7081CS	Wensleydale with Cranberry	1.25kg	Nominal	Cow	P, V	• •	England

BRITISH SPECIALITY CHEDDARS									
7139EA	Barbers Vintage Cheddar	1.24kg	Nominal	Cow	P, V	•	England		
6469EA	Black Bomber	400g	Fixed	Cow	P, V	•	Wales		
7703EA	Isle of Mull	200g	Nominal	Cow	UP, R	•	Scotland		
6754CS	Keen's Cheddar Half PDO	3.2kg	Nominal	Cow	UP, R	•	England		

BRITISH SPECIALITY BLUES								
6858CS	Blacksticks Blue	2.4kg	Nominal	Cow	P, V	••	England	
6737CS	Blue Murder	645g	Nominal	Cow	P, V	••	Scotland	
6502CS	Cashel Blue	1.5kg	Minimum	Cow	P, V	••	Ireland	

Due to the methodology by which cheeses are produced and cut, where cheeses are listed as nominal weights, the weight displayed is an average and may vary by up to (plus or minus) ten per cent. In most instances the weight tolerance is actually much less.





	Code	Description	Unit size	Weight	Milk Type	Туре	Texture	Origin
								-/
OTHER BRITISH SPECIALITIES								
8	6822CS	Brie Cricket St Thomas	1.1kg	Nominal	Cow	P, V	•	England
	6503EA	Cornish Yarg	1.65kg	Nominal	Cow	P, V	•	England
	6688CS	Lincolnshire Poacher	2.4kg	Minimum	Cow	UP, R	•	England
	6686CS	Red Leicester Sparkenhoe	2.2kg	Nominal	Cow	UP, R	•	England
	6838EA	Rosary Goats Cheese	1kg	Fixed	Goat	P, V	•	England
	6764EA	Rosary Ash Goats Cheese	275g	Fixed	Goat	P, V	•	England
	6695EA	Tunworth	250g	Fixed	Cow	P, R	•	England
	6538CS	Wensleydale Special Reserve	1.27kg	Nominal	Cow	P, V	•	England

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GRATEC	AND SHAVED CHEESE						
7056EA	Grated Grana Padano	500g	Fixed	Cow	UP,R	•	Italy
7141EA	Shaved Grana Padano	500g	Fixed	Cow	UP, R	•	Italy
6849CS	Grated Mature White Cheddar	2kg	Fixed	Cow	P, V	•	UK/Ireland
6305EA	Grated Mild White Cheddar	2kg	Fixed	Cow	P, V	•	UK/Ireland
6304CS	Grated Mild Coloured Cheddar	2kg	Fixed	Cow	P, V	•	UK/Ireland
6521CS	Grated Mozzarella	2kg	Fixed	Cow	P, V	•	Various
6092EA	Grated Mozzarella & Cheddar Mix 70/30	2kg	Fixed	Cow	P, V	•	UK/Ireland

SLICED	SLICED CHEESE									
6681CS	Burger Slices (112 Slices)	1.4kg	Fixed	Cow	P, V	•	UK			
6689EA	Mature White Cheddar Slices (50x20g)	1kg	Fixed	Cow	P, V	•	UK			
6616EA	Mild White Cheddar Slices (50x20g)	1kg	Fixed	Cow	P, V	•	UK			
6608EA	Monterey Jack Slices (50x20g)	1kg	Fixed	Cow	P, V	•	UK			
6594CS	Mozzarella Slices	1kg	Fixed	Cow	P, V	•	Various			
6685EA	Emmental Slices (50x20g)	1kg	Fixed	Cow	P, V	•	Various			

Please note that when ordering speciality cheese we may require an additional 24 hours notice. In many instances larger pack sizes are also available. Please ask your sales contact for details.





Our cheese board tip:

Our cheese board tip:
try combining different types
of cheeses to create a varied
selection. Choose one hard cheese,
one blue cheese, one soft cheese
(with a rind perhaps) and one goats
cheese. Add some colour using
either a red or a smoked
cheese and keep biscuits
plain and simple

Code	Description	Unit size	Weight	Milk Type	Туре	Texture	Origin
CHEESE PORTIONS							
6576EA	Bel Paese Portions	24x25g	Fixed	Cow	P, R	•	Italy
6944CS	Mixed Cheese portions	50x20g	Fixed	Cow	P, V	•	UK
6076CS	Mini Babybel	96x20g	Fixed	Cow	P, V	•	France
7205EA	Philadelphia Portions	24x16.7g	Fixed	Cow	P, V	•	Germany

	CHAIR STATE OF THE						7-1/2				
ITAI	ITALIAN - PARMESAN, GRANA AND HARD CHEESE										
7055EA	Grana Padano Wedge PDO	1kg	Nominal	Cow	UP, R	•	Italy				
7056EA	Grated Grana Padano PDO	500g	Fixed	Cow	UP, R	•	Italy				
7141EA	Shaved Grana Padano PDO	500g	Fixed	Cow	UP, R	•	Italy				
6724CS	Parmigiano Reggiano 24 Month Wedge PDO 2x1/8	2x5kg	Nominal	Cow	UP, R	•	Italy				
6813EA	Parmigiano Reggiano 16 Month WedgePDO	1kg	Nominal	Cow	UP, R	•	Italy				
7141CS	Vegetarian Hard Cheese Shavings	16x500g	Fixed	Cow	P, V	•	Italy				

ITALIAN - SOFT CHEESE									
6433CS	Fresh Buffalo Mozzarella	12x125g	Fixed	Buffalo	P, R	•	Italy		
6554EA	Fresh Cow's Milk Mozzarella Brick	1kg	Fixed	Cow	P, R	•	Italy		
6426EA	Mozzarella Smoked (Provola)	250g	Fixed	Cow	P, V	••	Italy		
6524CS	Ricotta Tub	1.5kg	Fixed	Cow	P, R	•	Italy		
6733CS	Ricotta	250g	Fixed	Cow	P, R	•	Italy		

ITALIAN - BLUE & SPECIALITIES								
6722CS	Gorgonzola Dolce 1/8 PDO	1.5kg	Nominal	Cow	P, R	••	Italy	
6816CS	Gorgonzola Piccante 1/8 PDO	1.5kg	Nominal	Cow	P, R	••	Italy	
6727CS	Taleggio	2.2kg	Nominal	Cow	P, R	• •	Italy	

KE	Y TO SYMBOLS
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V	Suitable for Vegetarians
0	Organic

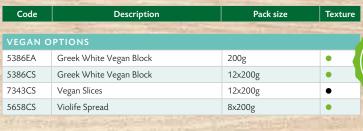
Please note that when ordering speciality cheese we may require an additional 24 hours notice. In many instances larger pack sizes are also available. Please ask your sales contact for details.





Code		Description	Offic size	weight	wilk type	туре	rexture	Origin			
	FR	ENCH - SPECIALITY CHEESE									
	7143EA	Camembert	250g	Fixed	Cow	P, V	•	France			
	OTHER C	ONTINENTAL CHEESE									
	7084EA	Brie 60%	1kg	Fixed	Cow	P, V	•	Various			
	6534EA	Danish Blue	2.9kg	Nominal	Cow	P, V	••	Denmark			
	6540EA	Edam Ball	1.9kg	Nominal	Cow	P, V	•	Holland			
	6824EA	Feta	200g	Fixed	Sheep/Goat	P, V	•	Greece			
	7059EA	Feta Greek	900g	Average	Sheep/Goat	P, V	•	Greece			
	6948EA	Fresh Cow's Milk Mozzarella Ball	125g	Fixed	Cow	Р	•	Poland			
	6655CS	Goat Log	1kg	Nominal	Goat	P, V	•	Various			
	7394EA	Halloumi	250g	Fixed	Cow/Goat/Sheep	P, V	•	Cyprus			
	6590CS	Mascarpone Tub	2kg	Fixed	Cow	P, V	•	UK			
	6745EA	Manchego PDO	150g	Nominal	Sheep	P, V	•	Spain			
	6139CS	Salad Cheese Tinned	6x1kg	Fixed	Cow	P, V	•	Austria			
	6890EA	Vegetarian Hard Cheese Wedge	1kg	Nominal	Cow	P, V	•	Various			
			-								

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CHEESE BLENDS								
6834CS	Pizzamelt					5x2kg		

Due to the methodology by which cheeses are produced and cut, where cheeses are listed as nominal weights, the weight displayed is an average and may vary by up to (plus or minus) ten per cent. In most instances the weight tolerance is actually much less.



If there is a specific cheese not listed here which you would like to order, please speak with your sales contact – Reynolds is able to provide most products given the appropriate notice. Minimum order requirements may apply

MEAT, POULTRY & FISH

Code	Description	Unit
COOKED	HAM	
M162CS	Pulled Ham	1kg
M161CS	Sliced Wiltshire Ham	1kg/20 approx
M164CS	Sliced, Honey Roast Gammon Ham	1kg/20 approx
M167CS	Sliced Ham	1kg/18 approx





	Smoked Salmon
CONTINENTAL MEATS	

20x280g

500g

1kg

1.5kg

500g

500g

COOKED	BEEF	
M166EA	Shaved Pastrami	500g

M140EA
M157EA
UNCOC

6916CS

M113EA

M143EA

M107EA

M139EA

UNCOOKED MEAT				
M129CS	Unsmoked Rindless Back Bacon (45-55 rashers)	2.27kg		
M168CS	Grumpy Pig Bacon	1kg		

Clonakilty Black Pudding

Sliced Spanish Chorizo

Diced Spanish Chorizo

Sliced Milano Salami

Sliced Smoked Pancetta

Sliced Chorizo

Spanish Cooking Chorizo (whole)

Sliced Prosciutto Crudo (interleaved)

	COOKED POULTRY					
ù	M165CS	Sliced Cooked Chicken	1kg			
	M163CS	Roast Chicken Fillets	1kg			
Ē	5629CS	Sliced Turkey Breast	500g			





^{*} Additional notice may be required

KITCHEN STORES

	Code	Description	Unit
١	STOCKS & PASTES		
	5214CS	Fresh Lamb Stock	4x2kg
	5213CS	Fresh Veal Stock	4x2kg
	5251CS	Miso Broth Base	2x1kg

CEREAL	CEREALS, RICE & PULSES	
8908CS	Couscous	10x1kg
9386EA	Quinoa Black	1kg
5502EA	Quinoa Red	1kg
9388EA	Quinoa White	1kg
7308CS	Ouinoa White	20kg

	DRIED NUTS, SEEDS AND FRUITS		
1	8984EA	Almonds Flaked	1kg
	8014EA	Cranberries Dried	1kg
	8011CS	Pumpkin Seeds	1kg

FLOUR		
8483EA	Corn Flour	3kg
8911CS	Flour Plain	6x1.5kg
9650CS	Flour Self Raising	6x1.5kg
	8483EA 8911CS	8483EA Corn Flour 8911CS Flour Plain

	BREAD S	SLICED	
	6104CS	Medium Sliced White Bread	6x800g
	6103CS	Medium Sliced Brown Bread	6x800g
	6107CS	Thick Sliced White Bread 13mm	6x800g
	6108CS	Thick Sliced Brown Bread 13mm	6x800g
	6132CS	Thick Sliced Malted Bread 13mm	6x800g
	6117CS	Extra Thick Sliced White Bread 17mm	6x800g
7	6119CS	Extra Thick Sliced Malted Bread 17mm	6x800g

Code	Description	Unit
PANINI,	TORTILLA & PIZZA BASES	
7345CS	Alapala Pizza Base	14x4
7366CS	Alapala Pizza Base and Sauce	14x4
9493CS	Gluten Free Pizza Base	1x10
5369CS	Pizza and Sauce 10" Base	1x56
9578CS	Pizza and Sauce 12" Base	1x52
9585CS	Puccia Panini	1x40

BAKERY MISCELLANEOUS			
8903EA	Caster Sugar	2kg	
8227CS	Coconut Milk	12x400ml	
5557EA	Clarks Maple Syrup	500ml	
5557CS	Clarks Maple Syrup	6x500ml	
8796CS	Light Brown Sugar	4x3kg	
8912EA	Sugar Granulated	1kg	
5277EA	Vanilla Bean Paste	65g	
9380EA	Yeast Fresh	1kg	

SALT &	SALT & PEPPER	
8948CS	Salt Sachets	2000
8949CS	Pepper Sachets	2000
8915EA	Salt Table	6kg

HOLY COW! SAUCES		
8240CS	Holy Cow! Delhi Tikka Masala Curry Sauce	3x1kg
8245CS	Holy Cow! Goan Prawn Curry Sauce	3x1kg
8244CS	Holy Cow! Mughlai Korma Curry Sauce	3x1kg
8241CS	Holy Cow! Kashmir Rogan Josh Curry Sauce	3x1kg
8243CS	Holy Cow! Madras Chettinad Curry Sauce	3x1kg
8242CS	Holy Cow! Mangalore Malabar Curry Sauce	3x1kg

Red, White & Black Quinoa





Code	Description	Unit
SAUCES	& CONDIMENTS	
8950CS	Brown Sauce Sachets HP	1x200
8400CS	Mayonnaise Remia	10ltr
8402CS	Mayonnaise Genuine	10ltr
9057CS	Mustard Dijon	2x2.27ltr
8126CS	Smoked Chilli Ketchup	4x1.25kg
7550CS	Sticky BBQ Sauce	2x2.21ltr
8951CS	Tomato Ketchup Sachets Heinz	1x200
5362CS	Vegan Mayonnaise	6x500ml



OILS & FATS				
			E A	
	 	UT.		

8615CS	Extra Virgin Olive Oil	5ltr
8659CS	100% Rapeseed Oil	20ltr
8933CS	Toasted Sesame Oil	6x1ltr

AMS, SPREADS & COMPOTS

4406CS	Honey	6x340g
8732CS	Mixed Berry Compote	4x1.5kg

TINNED FRUIT & VEGETABLES

8553CS	Baked Beans	6xA10
1445EA	Garlic Peeled	1kg
1848EA	Garlic Puree	1kg
5527CS	Sweetcorn Tinned	6x2.95kg
8588CS	Tomato Plum Whole Tinned	6x2.95kg

PICKLES, PRESERVES, CHUTNEYS & DRESSINGS

7610EA	Capers Pickle Superfine	1kg
8124EA	Cherry Tomato Chutney	1.2kg
6912CS	Chipotle Chilli Jam	1.4kg
9638CS	Jalapeño Chilli Sliced	6x2.9kg
9311CS	Mango Chutney	2x2.8kg
8735CS	Red Onion Marmalade	4x1.25kg
8153EA	Roasted Garlic Jam	1. 4kg
4269EA	Tomatoes Semi Dried in Oil	1.15kg
4233CS	Tomatoes Sun Dried	1kg

Code	Description	Unit
SNACKS		
9257CS	Pipers Crisps – Chorizo	24
9258CS	Pipers Crisps – Cheddar & Onion	24
9259CS	Pipers Crisps – Sea Salt	24
9260CS	Pipers Crisps − Cider Vinegar & Sea Salt	24
9304CS	Pipers Crisps – Black Pepper ♂ Sea Salt	24
9430CS	Pipers Crisps – Rosemary ← Thyme	24

AMBIENT FRUIT PUREES			
7627CS	Boiron Ambient Mango Puree	6x1ltr	
7651CS	Boiron Ambient Passion Puree	6x1ltr	
7628CS	Boiron Ambient Raspberry Puree	6x1ltr	
7626CS	Boiron Ambient Strawberry Puree	6x1ltr	

FROZEN	FRUIT PURÉES	
7401EA	Apple Green	1kg
7405EA	Apricot	1kg
7410EA	Banana	1kg
7415EA	Blackcurrant	1kg
7420EA	Blackberry	1kg
7423EA	Blood Orange	1kg
7425EA	Blueberry	1kg
7430EA	Cherry Black	1kg
7435EA	Coconut	1kg
7443EA	Red Berries	1kg
7445EA	Guava	1kg
7450EA	Kiwi	1kg
7452EA	Lemon	1kg
7455EA	Lime	1kg
7457EA	Lychee	1kg
7458EA	Mandarin	1kg
7460EA	Mango	1kg
7475EA	Passion Fruit	1kg
7480EA	Peach	1kg
7485EA	Pear	1kg
7490EA	Pineapple	1kg
7495EA	Plum	1kg
7525EA	Pomegranate	1kg
7500EA	Raspberry	1kg
7510EA	Rhubarb	1kg
7515EA	Strawberry	1kg
7516EA	Strawberry Wild	1kg

Please note that advance notice is required to order Frozen Fruit Purées.

Code	Description	Unit
CHILLED	FRUIT JUICES	
8318EA	Freshly Squeezed Lime Juice – Pasteurised	1ltr
8305CS	Fresh Pressed Apple Juice – Pasteurised	2x2.27ltr
8317CS	Still Lemonade with Sicilian Lemons	2x2.27ltr
8309CS	Fresh Pink Grapefruit Juice – Pasteurised	2x2.27ltr
8321CS	Freshly Squeezed Orange Juice – Unpasteurised	2x2.27ltr
8324CS	Freshly Squeezed Orange Juice - Pasteurised	2x2.27ltr
8438CS	Pressed Apple Juice	12x250ml
8436CS	Orange Juice with Bits	12x250ml
8456CS	Freshly Squeezed Orange Juice – Pasteurised	4x2.27ltr
8439EA	Smooth Lemon Juice – Pasteurised	1ltr
8441CS	Freshly Squeezed Lemonade	12x250ml
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LONG LI	LONG LIFE FRUIT JUICES				
8357CS	Apple Juice	12x1ltr			
8356CS	Cranberry Juice	12x1ltr			
8358CS	Orange Juice	12x1ltr			
8359CS	Pineapple Juice	12x1ltr			
8360CS	Tomato Juice	12x1ltr			

Code	Description	Unit		
WATER AND FLAVOURED WATER				
8369CS	Glass Source Still Water	12x750ml		
8370CS	Glass Source Sparkling Water	12x750ml		
8368CS	Glass Source Sparkling Water	24x330ml		
9829CS	San Pellegrino Sparkling Water	24x500ml		
8986CS	Sparkling Water PET Harrogate	24x500ml		
8987CS	Still Water PET Harrogate	24x500ml		

SOFT DRINKS MISCELLANEOUS					
0358CS	Coke Cans	24x330ml			
0430CS	Diet Coke Cans	24x330ml			
9063CS	Fanta Orange Cans	24x330ml			
8995CS	Old Jamaican Ginger Beer	24x330ml			
8992CS	Sprite Cans	24x330ml			
9823CS	San Pellegrino Aranciata	24x330ml			
9827CS	San Pellegrino Limonata	24x330ml			



Urrks

RECIPE INSPIRATION



My team and I are passionate about supporting our customers, and we love creating new and innovative menu solutions to help them address evolving industry trends.

We all know Brussels sprouts aren't always that popular, so why not make them more appealing this Christmas by adding a tasty dressing? And as we move into spring, you can tackle the evolving provenance trend by using British rhubarb to create a delicious spring salad!

Here are a few seasonal recipes we've put together for you to try.

Diane Camp, Reynolds' Executive Development Chef

Mulled winter fruit pudding

Makes 6 x 150ml individual puddings



Ingredients

For the mulled wine

- 750ml red wine (or 500ml red wine and 250ml orange juice)
- 300g caster sugar
- Peeled zest of 1 small orange
- 2 cinnamon sticks
- 2 star anise (broken into small pieces)
- 5 cloves
- 1 vanilla pod (split)

For the fruit filling

- 2 large cooking apples (peeled, cored and diced)
- 2 pears (peeled, cored and diced)
- 150g fresh or frozen cranberries
- 12 slices of white bread (slightly stale is best)

For the cinnamon cream

- 200ml double cream
- 1tbsp icing sugar
- 1tsp ground cinnamon

Method

- 1. For the mulled wine, simmer all the ingredients together until the flavours have infused.
- 2. Strain the mulled wine onto the prepared fruit and poach gently until the apples and pears are soft but still retain their shape.
- 3. Strain the fruit and put the mulled wine to one side.
- 4. Cut the crusts off the bread and cut to fit the pudding basins.
- Soak the bread in the warm mulled wine and form a lining of bread in each of the basins.
- 6. Divide the fruit between the basins and top off with a final disc of bread soaked in wine (N.B. the fruit and lid should sit slightly proud of the pudding basin).
- 7. Place all the basins on a tray, cover with cling film and place another flat tray on top. Weigh down the top tray to compress the fruit, and place in the fridge for at least 3-4 hours, preferably overnight.
- Strain the remaining mulled wine, place in a pan and reduce by a third to concentrate the flavour and make a syrupy consistency. Cool and put to one side.
- Meanwhile, make the cinnamon cream to accompany the mulled winter fruit pudding. Whisk the double cream until it forms soft peaks. Add the icing sugar and half a teaspoon of the ground cinnamon, then use the remaining cinnamon to lightly dust the
- 10. When you are ready to serve, carefully unmould the puddings and brush with the reduced mulled wine. Serve with the cinnamon cream.



Brussels sprouts with chilli, garlic and lemon

Serves 6-8



Ingredients

- 800g Brussels sprouts
- 1 clove of garlic, finely chopped
- 1 red bullet chilli, deseeded and finely chopped
- Zest and juice of 1 lemon
- Salt and pepper to season
- 2 tbsp olive oil
- 50g butter

Method

- 1. Place a large pan of water on a high heat and bring to the boil.
- 2. Place the trimmed Brussels sprouts into the boiling water and cook for five minutes.
- 3. When the sprouts are cooked, immediately drain the water and run them under cold water to retain their colour and crunch
- 4. Once they've cooled, slice each sprout into quarters (this is optional but doing so helps the sprouts to carry more flavour).
- 5. When you are ready to serve, place a large frying pan on high heat and add the olive oil and butter.
- 6. When the butter has melted, add the chopped garlic and chilli and give the pan a little toss. Be careful not to brown the mixture as this will taint the flavour of the chilli and garlic.
- 7. Add the quartered sprouts, followed by the lemon zest and juice, and give the pan another toss to ensure the sprouts are well coated.
- 8. Serve immediately. The sprouts should still be a vibrant green colour, as well as sweet and crunchy with a good citrus and chilli kick.

Marinated rhubarb, raw Chantenay carrot salad with a Rosary Ash goats curd and walnuts

Makes 4 individual salads



Ingredients

For the salad

- 50g Chantenay carrots, finely shaved and stored in cold water
- 100g dandelions, picked and stored in cold water
- 20g chervil, picked and stored in cold water
- 25g walnut halves, broken into pieces
- 75g Rosary Ash goats cheese, crumbled
- 125g rhubarb, cut into 8cm lengths and sliced thinly using a peeler

For the marinade for the rhubarb

- 3 tbsp virgin olive oil
- 1 tsp cider vinegar
- 1 tsp Dijon mustard
- 1 tsp honey
- Sea salt
- Freshly ground black pepper

Method

- 1. Make the dressing by whisking all the ingredients together.
- 2. Add the sliced rhubarb to the marinade, then cover and leave in the fridge for 6 hours.
- 3. Strain the liquid off the rhubarb.
- 4. To serve, construct the salad using all of the ingredients.

Service

As a Reynolds' customer, we aim to give you the best service and make the placing of orders as easy as possible. Orders can be placed by telephone, fax, email or electronically, via EDI. Alternatively, you can leave it all to us by setting up a standing order. We will also send you an email confirmation of your order on request.

To place your order, just call 01992 809200 and press option 1

Monday to Friday: 7am - 11pm*

Saturday: 7am - 5.30pm

Sunday: 8am - 11pm*

We want to give you the best possible customer service, every time. If you have any queries about a product or a delivery, please call Customer Services who will be delighted to help you.

When we are closed, you can leave a message for us on our voicemail (always remembering to take a note of the unique reference number provided for you at the time).

For Customer Services, simply call 01992 809200 and press option 3

Monday to Saturday: 7am - 4pm

Sunday: 8am - 1pm

We record all orders and calls to Customer Services to assist should you ever have a query with your call, as well as with staff training.

To help you, we have listed below a number of important pieces of information:

Minimum order value: we implement a minimum order value of £150. This enables us to run an efficient operation and, in turn, helps us to keep our prices as competitive as possible to you.

Prices: products will be invoiced at prices applicable on the day of despatch.

Shortages or damaged product: Please make sure that you check your order carefully when you receive it as claims cannot be recognised unless they are reported to the contact centre on the day of delivery.

Returns: Products can only be accepted for return with an authorising collection note or reference number issued by Reynolds.

Under no circumstances can high risk items including meat, fish and dairy products be returned for food safety reasons.

Payment terms: payment is due within 30 days from date of invoice.

* Restrictions may apply.



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